

## ADULT SERVICES

*These programs and services are for adults with developmental disabilities ages 18+ who have completed high school.*

### Work Experience Program

This 18-week program prepares adults with autism, or related developmental disability, seeking employment in hospitality or healthcare industries. With the support of a job coach, participants gain experience working twice a week. Through Job Club, participants learn pre-employment skills such as job application and interview readiness. For those needing additional skills before training in the community, there is an on campus intensive Bridge Program.

### Family Roundtables

Roundtable discussions are for parents and/or families to share experiences. These discussions can help families become better prepared to make informed decisions and access community resources.

### Social Club

The Spoken Wheel Society for adults is led by individuals with autism, creating a network of peers and friendships that allows members to showcase their individual strengths and strive for greater independence.

### Special Adults Life Skills Academy (SALSA)

The SALSA cooking and fitness program is designed to increase knowledge and skills related to nutrition, cooking, fitness and lifeskills.

## GLOBAL OUTREACH

### Global Outreach Autism Learning Services (GOALS)

The GOALS program provides families around the world access to a highly qualified transdisciplinary team of professionals (Speech Language Pathologist, Behavior Analyst, Music Therapist, Occupational Therapist) that work together to develop individualized programs for children with ASD, along with direct coaching and training of parents and therapists. The program is available at The Center or by video conferencing.

### Outreach Conferencing Services

The Center's state-of-the art auditorium serves as a hub for professionals in the field of ASD to disseminate and gather research findings, best practices, and connect the global autism community via lectures and video conferencing. The Foundation hosts a variety of conferences and seminars to facilitate sharing of best practices.



**ELS FOR AUTISM**  
FOUNDATION

Visit our website for more information or to complete a program application.

[www.ElsForAutism.org](http://www.ElsForAutism.org)

The Annual Giving Program raises money to pay for programs, services, maintenance and staff not funded by other sources.

Consider making a donation today so we can continue to provide these game-changing programs and resources.

[www.E4aAnnualGiving.org](http://www.E4aAnnualGiving.org)



**ELS FOR AUTISM FOUNDATION**

[www.ElsForAutism.org](http://www.ElsForAutism.org)

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Els for Autism Foundation is a US public charity (EIN #26-3520396), recognized by the Internal Revenue Service as exempt from Federal tax under Section 501(c)(3) of the tax code.



**PROGRAMS & SERVICES**

# THERAPY SERVICES

## BEHAVIOR ANALYTIC SERVICES AND EDUCATION (BASE)

Applied Behavior Analysis (ABA) is the application of the principles of learning and behavior to bring about a change in behavior that is socially significant. The Foundation's BASE program provides individualized, 1:1 ABA services across age ranges. Programs may be designed to increase appropriate communication, social, adaptive and vocational behaviors and decrease inappropriate or challenging behaviors.

- **Parent Training for Disruptive Behaviors**

The RUBI Autism Network parent education program teaches parents to use techniques in applied behavior analysis to manage their child's challenging behaviors. The program was created for families of children with ASD between 3-10 years of age who display challenging behaviors and is available either at The Center or by video conferencing.

- **Picky Eating Services**

A systematic, step-by-step procedure is used to introduce new foods into the diets of children who are picky eaters. This program is designed for children who eat a limited number of foods but there is no medical reason associated with this behavior.

## SPEECH AND LANGUAGE THERAPY

Provides individuals with access to speech, language and a means to communicate their wants, needs, thoughts and feelings. The objective is to optimize an individual's ability to communicate, thereby improving quality of life.

## MENTAL HEALTH COUNSELING

Services are available offering support to individuals and families experiencing mental health issues associated with living with a disability. Individual and group counseling services are specifically designed to address issues with depressive symptoms, anxiety, social isolation, and other comorbid diagnoses.

*The Foundation's Therapy programs and services utilize evidence-based practices for individuals on the autism spectrum and other related disabilities. Therapeutic programs are offered across disciplines, to individuals of all ages.*

## EARLY EDUCATION, INTERVENTION AND DIAGNOSTIC PROGRAMS

Early identification of ASD allows children to enroll in intervention programs that improve social, cognitive, language and academic outcomes.

- **Spring Into Action Programs (SIA)**

SIA programs are early education services designed to support young children with ASD and their families. Evidence-based practices are used to develop programs to foster early foundational learning, communication and social skills for a child as well as provide education and support to parents. Available programs include 1:1 ABA, speech and language therapy, occupational therapy (as available) and individual or group parent-child education programs for children through 5 years of age.

The Foundation's team of highly skilled professionals individualize programs using the most current practices and methods. The programs are designed to address social communication, language, play and pre-academic skills.

- **Collaborative Autism Diagnosis and Intervention Program (CADI)**

Our team of highly skilled professionals provides a comprehensive evaluation that not only aids the family's pediatrician in determining if a formal diagnosis of ASD is warranted, but can also be used to develop individualized treatment goals.



# RECREATION

## Ernie Els #GameON Autism™ Golf

This golf program is especially tailored for individuals on the spectrum. Infused with evidence-based practices for teaching golf to people with ASD, it is designed to build self-esteem and confidence in a fun, welcoming and supportive environment.

## Soccer, Tennis and Yoga

Sports programs designed for individuals on the spectrum to promote an active lifestyle.

## Ernie Els #GameON Autism™ Fitness

The fitness program incorporates the use of traditional fitness equipment, as well as music, dance, and video games as a means of motivating student participation in fitness activities including cardiovascular, strength training, flexibility, and common recess games.

## Reach & Teach Through the Arts

Exploration of music, art, and dance can facilitate personal growth for people on the spectrum in many areas including gross and fine motor skills, speech, and language through song, memory and mental agility, social skills, confidence, and self-expression.

# EDUCATION

## Teaching Educational Autism Methods (TEAM)

The TEAM service provides learning opportunities for college students seeking placement for internships, externships, practicum work, and student teaching. Through the E-TEAM digital resource library, online presentations and webinars on a variety of topics are accessible to parents and professionals around the world. To access the digital resource library, go to: [elsforautism.org/webinars](http://elsforautism.org/webinars).

# RESEARCH

The Foundation's research is designed to support continued understanding of effective interventions for individuals with ASD. Research topics include early identification and intervention, sports and fitness, and the application of evidence-based interventions for adults. The Seaver Els Institute: an affiliation between The Seaver Autism Center for Research and Treatment at Mount Sinai of New York and the Els for Autism Foundation will focus on evaluating the effectiveness of interventions and large-scale genetic and phenotypic data collection.