

Art Activities + Games

Curated by Kelley Coutts, Recreation Coordinator at Els for Autism Foundation

Art Activities

ICE CUBE PAINTING

https://www.easypeasyandfun.com/painting-with-ice/

MELTED ROCK CRAYON PAPERWEIGHT

https://www.youtube.com/watch?v=SFEcdCqvCuk

SENSORY WATER BOTTLES

https://www.youtube.com/watch? v=D7zp7KbxbKY&list=RDCMUCraBbapvgSgtvV9_pJ9O0OQ&start_radio=1&t=97

FINGER KNITTING

https://www.youtube.com/watch?v=MsZsUBYU0qU

Upcycle Old Crayons Into Fun Shapes With This Easy DIY

https://www.sheknows.com/parenting/articles/979355/make-old-crayons-like-new-with-diy-craft/

WAX PAPER MELTED CRAYON ART

https://gigglesgalore.net/wax-paper-melted-crayon-art

MILE HIGH BUBBLES RECIPE

2 cups warm water 1/3 cup dish soap 1/4 cup corn syrup

LEAF RUBBINGS

https://www.thepainterlypath.com/nature-walk-leaf-rubbing/





Games

How to play the card game TRASH: https://www.pagat.com/patience/trash.html

Water bottle bowling pins: https://www.u-createcrafts.com/plastic-bottle-bowling/

GAMES YOU CAN PLAY WITH PLASTIC CUPS (SOLO CUPS)



STACK IT!

Kids will have to stack 21 red solo cups, keep it standing for 5 seconds and put it back in one stack within one minute. It's a slightly challenging yet fun game for kids especially with the trouble of making the pyramid of solo cups stand sturdy for few seconds.

This game can easily turn a boring day to a fun unforgettable one without exerting much effort! It is perfect for good hand/eye coordination building skills as well.

CUPS BOWLING

Find an open space to play this game. Now, gather the red solo cups and place them like bowling pins. Grab a small ball and let the kids roll the ball to knock all the cups down.

BLOW THE CUP

Prepare a smooth long table or surface and gather 2 players at a time. Draw or tape a line on to the table as the finish line. Now each player must have their own straw and should stand at the other end of the table.

Place the red solo cup, upside down. To play the players must blow the cups towards the finish line using the straw. You can also try snorkels instead of straws for extra fun.