



Mental Health Counseling Group



Counseling services are available to individuals and families in need of mental health support. Individual and group counseling services, offered both in-person and via telehealth, are designed to address challenges related to being a person with or family member of someone with autism and other co-morbid diagnoses (e.g., depression, anxiety, social isolation, obsessive compulsive disorder/behaviors).

The counseling group is available to adults with an autism spectrum disorder diagnosis who are ages 18+ and have completed high school. It will be facilitated by Jennifer Smyth, LMHC, Licensed Mental Health Counselor, and Kimberly Watterson-Rivieccio, Ph.D., Registered Mental Health Counselor Intern.

Participants new to the Els for Autism Foundation will need to schedule a 30-minute intake. A maximum of 10 participants will be in the group, and registration will be available on a first come first served basis.

Private pay and insurance options are available for payment.

GROUP SESSION

Time: Mondays (on-going)

5-6 p.m.

Virtual Meeting via Telehealth (Zoom)

FOR MORE INFORMATION TO SCHEDULE AN INTAKE, AND TO REGISTER

Contact:

Dr. Kimberly Rivieccio

561-598-6200

kimberly.rivieccio@elsforautism.org