



SPORTS | FITNESS

Active Demonstration: Ernie Els #GameON Autism® Golf Program with support from First Tee of the Palm Beaches and Joshua Deer, Certified Golf Instructor

Speaker: Greg Connors, Els for Autism Recreation Services Coordinator

Day Two: March 24, 2023

Times: 10:30-11:45 a.m. and 1:00-2:15 p.m.

Abstract

Through the Ernie Els #GameON Autism® Programs, Els for Autism® is changing the culture of sports and recreation. People with autism are beginning to feel welcomed and are being encouraged to participate in recreation activities, go to public places, and even take lessons or group classes with their local sports professionals. We believe recreation, specifically sports, can be an effective supplemental therapy for individuals with autism.

Golf classes at Els for Autism® use the Ernie Els #GameON Autism® Golf program, specifically designed to teach golf to people with ASD through the use of evidence-based practices. In each class, participants will learn and practice foundational motor skills through fun athletic games and golf activities while developing motor and social-communication skills. elsforautism.org

