



SPORTS | FITNESS

Active Demonstration: Vinceremos Therapeutic Riding Center - A Stable Environment | Equine Assisted Social Emotional Learning

Speaker: Ruth Menor

Day Two: March 24, 2023

Times: 10:30-11:45 a.m. and 1:00-2:15 p.m.

Abstract

Equine Assisted Learning is an experiential learning approach that promotes the development of life skills for educational and personal growth through equine assisted activities. In our fun, interactive environment people on the autism spectrum are encouraged to build relationships with their equine partners. This approach integrates equine-human interaction that is guided by a planned learning experience to meet identified goals. The curriculum consists of stable management and equine caretaker activities, life skill lessons, horse handling, and equine behavior. This program is targeted to assist participants in developing empathic relationships with the horses, classmates and staff.

