

Eastern Standard Time	RE-CREATING RECREATION Conference Schedule Day One March 23, 2023 <i>(times subject to change)</i>	Location
7:15-8:15 a.m.	Breakfast & Networking	Courtyard
8:15-8:30 a.m.	Welcome - Co- Hosts - <i>Dr. Marlene Sotelo and Dr. Erin Brooker Lozott</i>	Auditorium
8:30-9:30 a.m.	KEYNOTE: HEALTHY LIVING WELL-BEING Title: Yoga and Autism: Incorporating Movement and Mindfulness as Complementary Therapy Speaker: <i>Rachel Costello</i>	Auditorium
9:30-10:30 a.m.	PANEL: HEALTHY LIVING WELL-BEING Title: The Benefits of Recreation on the Physical & Emotional Health & Well-being of Individuals with Autism Spectrum Disorder Moderator: <i>Dr. Erin Brooker Lozott</i> Panel Participants: <i>Dr. Stephen Shore, Jen Van Horn, and Dr. Kimberly Watterson-Riviecco</i>	Auditorium
10:30-11:00 a.m.	Break	Bio Break Grab Snacks
11:00-12 noon	KEYNOTE: HEALTHY LIVING WELL-BEING Title: Being your best self: A mindful approach to physical activity, sleep, and overall health Speaker: <i>Dr. Shannon Dieringer</i>	Auditorium
12:00 - 1:30 p.m.	Lunch & Networking music provided by James Williams	Courtyard
1:30-2:30 p.m.	KEYNOTE: ARTS LEISURE Title: Dani's 13 years of entrepreneur experience Speaker: <i>Dani Bowman</i>	Auditorium
2:30-3:30 p.m.	PANEL: ARTS LEISURE Title: Art, Music, Leisure, & Nature-Based Activities: The positive impact on learning, living, health, & well-being Moderator: <i>Dr. Amy Wagenfeld</i> Panel Participants: <i>Andrew Blitman, Graziella Gadia, Erica Lyles, and James A. Williams</i>	Auditorium
3:30-3:45 p.m.	Break	Bio Break Grab Snacks
3:45-4:45 p.m.	PRESENTATION: ARTS LEISURE Title: Using Music to Promote Skill Acquisition using the Principles of Applied Behavior Analysis Speaker: <i>Dr. Marlene Sotelo</i>	Auditorium
4:45-5:00 p.m.	Wrap-up Day One	Auditorium
5:00-6:30 p.m.	Networking Reception Music by the Alex Prez Trio	Courtyard