



Jen Van Horn, DT, MS HS, Holistic Nutritionist

Jen Van Horn, DT, MS HS is a Holistic Nutritionist specializing in personalized nutrition plans for individuals that include cleanses, organic foods, and supplements to heal the body. She has been helping clients locally and internationally for over 22 years, working with hundreds of clients with Weight Management, Autism, Adolescent Health, Athletic Needs, Meal Planning, Gut Health, Pre + Post-Natal Care, Digestive Disorders, Detoxification, and Disease Prevention. She doesn't just tell her clients what to do; she teaches, guides, and encourages them on their personal journey to health.

In addition to starting her own practice, Jen Van Horn Health, she is a consulting nutritionist and co-developer for juice cleanse programs, as well as a lecturer, and health writer for various publications.

You can find more information and connect with Jen at www.jenvanhorn.com or on social media at [@jenvanhornhealth](https://www.instagram.com/jenvanhornhealth).

**HEALTHY LIVING |
WELL-BEING**

March 23, 2023

Panel Participant

9:30-10:30 a.m.

