



Jason Miletsky, B.S. CPT, Founder, and President, Exceptional Fitness Foundation

Jason Miletsky earned his B.S. degree from Nova Southeastern University in Behavioral Science. Jason is a certified Exceptional Student Education teacher. Currently, he is an Autism and Behavior Specialist for the Broward School District. Jason has an extensive background in Applied Behavior Analysis, athletics, fitness, recreation management, martial arts, and personal safety, program development, and implementation of developmentally appropriate programs and curriculum for typical individuals as well as those with special needs of all ages.

The combination of his experience in Applied Behavior Analysis, autism strategies, recreation, fitness, and coaching sports has provided him with the unique insight to develop the Exceptional Fitness Structured System™.

SPORTS | FITNESS

March 24, 2023

Active Demonstration

Fitness

10:30-11:45 a.m. &

1:00-2:15 p.m.

Panel Participant

3:30-4:30 p.m.

