



Dr. Kimberly Watterson-Riviecco, Ed.D, Licensed Mental Health Counselor, Els for Autism Foundation

Dr. Kimberly Watterson-Riviecco is a licensed mental health counselor with the Els for Autism Foundation. She received her B.S. in Psychology, M.Ed., and Ed.S in School Counseling/Mental Health Counseling at the University of Florida. Kimberly went on to receive her Ed.D in Educational Leadership at Nova Southeastern University.

Kimberly has experience working with children, families, and educators to help them develop plans for success in the areas of learning and mental health. Much of her time as a counselor in the school system involved working with Exceptional Student Education and assisting in the development of educational intervention plans. Kimberly's professional experience involves serving as a liaison and advocate for children and their families.

During her time at the Els for Autism Foundation, she also served in the capacity of Global Outreach Autism Learning (GOALS) Coordinator and assisted in the delivery of training programs to various members of the global community. She currently provides individual and group counseling to individuals and families at the Els for Autism Foundation. Her treatment plans involve a client-centered and cognitive behavioral approach to aid in the treatment of anxiety, depression, and obsessive-compulsive symptoms. Kimberly provides stress management strategies via video on our social media outlets.

HEALTHY LIVING | WELL-BEING

March 23, 2023

Panel Participant

9:30-10:30 a.m.

