



March 23 & 24, 2023
Conference Schedule
&

March 25, 2023

Roots & Ruts Off-Road 5K Run/Walk

Updated 03-07-2023

GRAND SPONSORS

Hazel and Marvin R. Shanken



Eastern Standard Time	RE-CREATING RECREATION Conference Schedule Day One March 23, 2023 <i>(times subject to change)</i> Course Education Level: Intermediate	Location
7:15-8:15 a.m.	Breakfast & Networking	Pavilion
8:15-8:30 a.m.	Welcome - Co- Hosts - <i>Dr. Marlene Sotelo and Dr. Erin Brooker Lozott</i>	Auditorium
8:30-9:30 a.m.	KEYNOTE: HEALTHY LIVING WELL-BEING Title: Yoga and Autism: Incorporating Movement and Mindfulness as Complementary Therapy Speaker: <i>Rachel Costello</i>	Auditorium
9:30-10:30 a.m.	PANEL: HEALTHY LIVING WELL-BEING Title: The Benefits of Recreation on the Physical & Emotional Health & Well-being of Individuals with Autism Spectrum Disorder Moderator: <i>Dr. Erin Brooker Lozott</i> Panel Participants: <i>Doreen Cammarata, Merrick Egber, Dr. Stephen Shore, and Jen Van Horn</i>	Auditorium
10:30-11:00 a.m.	Break	Bio Break Grab Snacks
11:00-12 noon	KEYNOTE: HEALTHY LIVING WELL-BEING Title: Being your best self: A mindful approach to physical activity, sleep, and overall health Speaker: <i>Dr. Shannon Dieringer</i>	Auditorium
12:00 - 1:30 p.m.	Lunch & Networking music provided by James Williams	Pavilion
1:30-2:30 p.m.	KEYNOTE: ARTS LEISURE Title: Dani's 13 years of entrepreneur experience Speaker: <i>Dani Bowman</i>	Auditorium
2:30-3:30 p.m.	PANEL: ARTS LEISURE Title: Art, Music, Leisure, & Nature-Based Activities: The positive impact on learning, living, health, & well-being Moderator: <i>Dr. Amy Wagenfeld</i> Panel Participants: <i>Andrew Blitman, Graziella Gadia, Erica Lyles, and James A. Williams</i>	Auditorium
3:30-3:45 p.m.	Break	Bio Break Grab Snacks
3:45-4:45 p.m.	PRESENTATION: ARTS LEISURE Title: Using Music to Promote Skill Acquisition using the Principles of Applied Behavior Analysis Speaker: <i>Dr. Marlene Sotelo</i>	Auditorium
4:45-5:00 p.m.	Wrap-up Day One	Auditorium
5:00-6:30 p.m.	Networking Reception Music by Alex Perez	Pavilion and Sensory Arts Garden

Eastern Standard Time	RE-CREATING RECREATION Conference Schedule Day Two March 24, 2023 <i>(times subject to change)</i> Course Education Level: Intermediate	Location
7:00-8:00 a.m.	Breakfast & Networking	Pavilion
8:00-8:15 a.m.	Welcome - Co- Hosts - <i>Dr. Marlene Sotelo and Dr. Erin Brooker Lozott</i>	Auditorium
8:15-9:15 a.m.	KEYNOTE: SPORTS FITNESS Title: Making Recreation More Therapeutic with the Strategic Use of Evidence-based Practices Speaker: <i>Greg Connors</i>	Auditorium
9:15-10:15 a.m.	CO-PRESENTATION: SPORTS FITNESS Title: Drowning and elopement risks for children with autism: Strategies for reducing risk Speakers: <i>Dr. Jack Scott and Maricarmen Saleta</i>	Auditorium
10:15-10:30 p.m.	Break	Bio Break Grab Snacks
10:30-11:45 a.m.	ACTIVE DEMONSTRATIONS: SPORTS FITNESS Baseball (The Miracle League of Palm Beach County) Basketball (High-5 Basketball) Equine Assisted Learning (Vinceremos Therapeutic Riding Center) Fitness (Jason Miletsky) Golf (First Tee of the Palm Beaches and Joshua Deer)	Locations Across the Campus
11:45-1:00 p.m.	Lunch & Networking	Pavilion
1:00-2:15 p.m.	ACTIVE DEMONSTRATIONS: SPORTS FITNESS Baseball (The Miracle League of Palm Beach County) Basketball (High-5 Basketball) Equine Assisted Learning (Vinceremos Therapeutic Riding Center) Fitness (Jason Miletsky) Golf (First Tee of the Palm Beaches and Joshua Deer)	Locations Across the Campus
2:15-3:15 p.m.	PRESENTATION: SPORTS FITNESS Title: Sports & Autism Spectrum Disorder Speaker: <i>Tiago Toledo</i>	Auditorium
3:15-3:30 p.m.	Break	Bio Break Grab Snacks
3:30-4:30 p.m.	PANEL: SPORTS FITNESS Title: Panel Title: Form and Function: Using Evidence-based Practices to Increase Therapeutic Benefits across Athletic Disciplines Moderator: <i>Greg Connors</i> Panel Participants: <i>Eric Chessen, Joshua Deer, Jason Miletsky, Maricarmen Saleta, and Tiago Toledo</i>	Auditorium
4:30-4:45 p.m.	Closing Remarks	Auditorium
4:45-5:00 p.m.	Break	Auditorium
5:00-6:46 p.m.	Optional - Movie - Flip Turn (1 hour and 46 minutes)	Auditorium

Eastern Standard Time	Optional - Roots & Ruts Off-Road 5K Run/Walk Schedule Day Three March 25, 2023 (times subject to change)	Location
7:30 a.m.	Parking Opens at The Els Center of Excellence 18370 Limestone Creek Road, Jupiter, FL 33458	Designated Parking Locations
8:15 a.m.	Welcome Announcement and National Anthem	Shanken Education Wing Parking Lot
8:30 a.m.	Roots & Ruts Off-Road 5K Begins	Starting line – Shanken Education Wing Parking Lot
8:30 a.m.	Sensory-Friendly Obstacle Course Opens	Shanken Education Wing Parking Lot
8:30 a.m.	Post-race Expo Begins	Sensory Arts Garden & Pavilion
11:00 a.m.	Sensory-Friendly Obstacle Closes	Shanken Education Wing Parking Lot
11:00 a.m.	Post-Race Expo Concludes	Sensory Arts Garden & Pavilion