



# ELS FOR AUTISM FOUNDATION® PROGRAMS & SERVICES



# Self Advocacy

## TRAINING PROGRAM

### BENEFITS

#### OF SELF ADVOCACY PROGRAM

- Prepares participants to better communicate strengths, abilities, and interests when interviewing or exploring post-secondary educational opportunities
- Learn how to effectively represent themselves and make important decisions that affect their lives directly
- Gain valuable skills that increase confidence and self-esteem
- Develop greater independence and self-empowerment
- Provides relevant tools that can be utilized when transitioning from high school
- Self-Awareness Portfolio: Participants will have the opportunity to highlight their strengths and skills while identifying reasonable accommodations necessary for success
- Professional Portfolio: participants will document their skills and abilities through evidence and letters of recommendation

### PROGRAM INFORMATION

**DATES:** March 20 - 24, 2023

June 12-16, 2023

July 17-21, 2023

Aug 7-11, 2023

**Space is limited to 10 participants**

**TIME:** 9 AM - 1 PM

**LOCATION:** The Els Center of Excellence®

### ELIGIBILITY

Program participant must be 14-21 years-old and either an active VR customer in VR's STAR Program or a traditional VR customer and must have Self-Advocacy listed on the Individualized Plan for Employment (IPE)

*Program eligibility will be determined with completion of all required documents and a records review.*

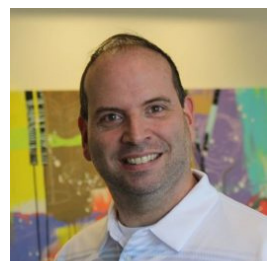
*\*Please note, a minimum of 6 participants must be registered for the class to be offered.*

**For more information,  
contact:**

**HOWARD THOMAS**

howard.thomas@elsforautism.org

561-312-1536





# ELS FOR AUTISM FOUNDATION® PROGRAMS & SERVICES



## POST-SECONDARY

# Self Advocacy

## TRAINING PROGRAM

### BENEFITS

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- Develop greater independence and self-empowerment
- Provides relevant tools that can support experiences throughout adulthood
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### PROGRAM INFORMATION

**DATES:** January 9-13, 2023  
February 6-10, 2023  
March 6-10, 2023

*Space is limited to 10 participants*

**TIME:** 9 AM - 1 PM

**LOCATION:** The Els Center of Excellence®

**COST:** \$500 per person

**ELIGIBILITY:** Program participant must be 22+ years of age and exited high school.

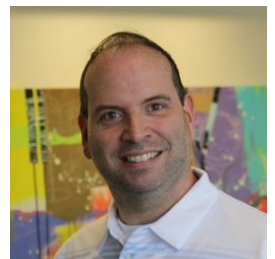
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### PROGRAM INFORMATION

**DATES:** April 10-14, 2023  
 May 8-12, 2023  
 June 5-9, 2023

*Space is limited to 10 participants*

**TIME:** 9 AM - 1 PM

**LOCATION:** The Els Center of Excellence®

**COST:** \$500 per person

**ELIGIBILITY:** Program participant must be 22+ years of age and exited high school.

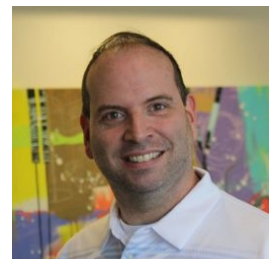
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### PROGRAM INFORMATION

**DATES:** July 10-14, 2023  
 July 31- August 4, 2023  
 September 11-15 2023

*Space is limited to 10 participants*

**TIME:** 9 AM - 1 PM

**LOCATION:** The Els Center of Excellence®

**COST:** \$500 per person

**ELIGIBILITY:** Program participant must be 22+ years of age and exited high school.

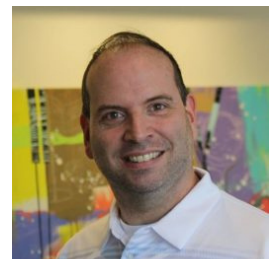
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### PROGRAM INFORMATION

**DATES:** October 16-20 , 2023  
 November 6-10, 2023  
 December 4-9, 2023

*Space is limited to 10 participants*

**TIME:** 9 AM - 1 PM

**LOCATION:** The Els Center of Excellence®

**COST:** \$500 per person

**ELIGIBILITY:** Program participant must be 22+ years of age and exited high school.

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