



# FALL 2023

## Recreation Services

We are always looking for volunteers!  
To learn about available opportunities,  
scan the code below:



**SESSION 1: AUGUST 14 - OCTOBER 6**

**SESSION 2: OCTOBER 16 - DECEMBER 15**

### Fall Recreation Information

- Session 1 begins **Monday, August 14** and ends **Friday, October 6**
- We will have a break from programs the week of **October 9**
- Session 2 begins **Monday, October 16** and ends **Friday, December 15**
- During Fall sessions, there will be no Recreation programming on the following days:
  - Monday, September 4 (Labor Day holiday)
  - Monday, September 25 (PBCSD Professional Development Day)
  - Wednesday, November 1 (PBCSD Professional Development Day)

### Special Events Update

- The Recreation Services Team will continue offering select *Special Event Days* on non-Rec days (due to Palm Beach School District Professional Development Days or other holidays).
- Special Event Days will consist of various sports and leisure activities, such as golf, yoga, fitness, art, music, and/or other special programming i.e. Mad Science, Conserve Our Wild's Author League, etc. Currently, we have the following Special Event Days planned:
  - *Monday, September 25*
  - *Wednesday, November 1*
- Additional details about our Fall Special Event Days will be coming in August. Fees TBD.

### Participant Progress Reports

- Individual Participant Progress Notes will be shared following the end of each session.

### ON-SITE CLASSES

All on-site classes are held at The Els Center of Excellence® in Jupiter, FL.

Participants will engage in a 1:4 (staff to client) ratio. Individuals who require additional support will be asked to attend with a personal support assistant. Els for Autism does not provide support assistants. Support Assistants attending recreation services with a client will be required to actively participate in each practice session.

For information on financial assistance, please contact Greg Connors at [greg.connors@elsforautism.org](mailto:greg.connors@elsforautism.org).

### BRIDGE THE GAP

A respite care program is available to participants who require support prior to and between their activities. Please reference the Bridge the Gap flyer for more information.

### FOR MORE INFORMATION AND TO REGISTER:

Greg Connors  
Recreation Services Manager  
[greg.connors@elsforautism.org](mailto:greg.connors@elsforautism.org)  
561.320.9512



# FALL 2023

## Recreation Services: Sports & Fitness

**SESSION 1: AUGUST 14 - OCTOBER 6**

**SESSION 2: OCTOBER 16 - DECEMBER 15**

Els for Autism Foundation® offers recreation programs specifically developed for children and adults with autism and developmental disabilities. Keeping our participants active, healthy, and engaged is our number one goal!

We are grateful to our generous donors and grantors who allow us to offer our selection of the Ernie Els #GameON Autism® Sports and Reach & Teach through the Arts programs at a reduced rate.

New Recreation Services participants must complete the intake process before beginning any program or activity.

**Please note:** Class age descriptors are general guidelines and are subject to change given demand and/or Recreation Services Manager discretion. Also, please note that rates below are for both sessions of the Fall season. Registration is available for Sessions 1, 2, or Sessions 1 & 2 combined.

### ERNIE ELS #GAMEON AUTISM® GOLF\*

**Held on:** Tuesdays and Thursdays

**Instructor:** First Tee of Palm Beaches

**Cost:** \$320 (\$10/class, 32 classes)

**No class on:** 10/10, 11/21

**Minimum # of participants per class:** 7

**Ages 14+:** 2:00 - 2:45 PM

**Ages 12+:** 3:00 - 3:45 PM

**Ages 12+:** 4:00 - 4:45 PM

*\*We are grateful for grant funding from the Florida Junior Golf Council & Honda Classic Cares supporting our Golf program.*

### ERNIE ELS #GAMEON AUTISM® TENNIS

**Held on:** Mondays and Fridays

**Instructor:** Ms. June Martin

**Cost:** \$450 (\$15 per class, 30 classes)

**No class on:** 9/4, 9/25, 10/9, 11/20

**Minimum # of participants per class:** 4

**Ages 14+:** 2:00 - 2:45 PM

**Ages 12+:** 3:00 - 3:45 PM

**Ages 16+:** 4:00 - 4:45 PM

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### ERNIE ELS #GAMEON AUTISM® FITNESS

**Held on:** Mondays and Fridays

**Instructor:** Miss Liz Reisinger

**Cost:** \$450 (\$15/class, 30 classes)

**No class on:** 9/4, 9/25, 10/9, 11/20

**Minimum # of participants per class:** 4

**Ages 15+:** 3:00 - 3:45 PM

**Ages 15+:** 4:00 - 4:45 PM

### YOGA

**Held on:** Tuesdays

**Instructor:** Mrs. Yael Lawrence, MS, BC-DMT

**Cost:** \$400 (\$25/class, 16 classes)

**No class on:** 10/10, 11/21

**Minimum # of participants per class:** 5

**Ages 14+:** 2:00 - 2:45 PM

**Ages 14+:** 3:00 - 3:45 PM

**Ages 16+:** 4:00 - 4:45 PM  
*(hybrid virtual/in-person class)*

### KICKBALL

**Held on:** **Wednesdays**

**Instructor:** Els for Autism Recreation Staff

**Cost:** \$225 (\$15/class, 15 classes)

**No class on:** 10/11, 11/1, 11/22

**Minimum # of participants per class:** 7

**Ages 14+:** 2:00 - 2:45 PM

**Ages 6-13:** 3:00 - 3:45 PM

### KICKBALL

**Held on:** **Fridays**

**Instructor:** Els for Autism Recreation Staff

**Cost:** \$240 (\$15/class, 16 classes)

**No class on:** 10/13, 11/24

**Minimum # of participants per class:** 7

**Ages 14+:** 2:00 - 2:45 PM

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## Recreation Services: Reach & Teach through the Arts, Virtual Clubs

### MUSIC THERAPY

Returning Soon...

### DANCE THERAPY

**Held on:** Thursdays  
**Instructor:** Mrs. Yael Lawrence, MS, BC-DMT  
**Cost:** \$400 (\$25/class, 16 classes)  
**No class on:** 10/12, 11/23  
**Minimum # of participants per class:** 5

**Ages 12+:** 2:00 - 2:45 PM  
**Ages 14+:** 3:00 - 3:45 PM  
**Ages 12+:** 4:00 - 4:45 PM

### ART

**Held on:** Wednesdays  
**Instructor:** Mrs. Kelley Coutts  
**Cost:** \$225 (\$15/class, 15 classes)  
**No class on:** 10/11, 11/1, 11/22  
**Minimum # of participants per class:** 4

**Ages 14+:** 4:00 - 4:45 PM

### VIRTUAL CLASSES

All virtual classes meet using Zoom video conferencing. Individuals must have access to a computer, tablet, or cell phone with internet access to participate in virtual programs.

### SPECTRUM BOOK CLUB

**Held on:** Tuesdays  
**Instructor:** Els for Autism Recreation Staff  
**Cost:** \$275 (annual membership)  
**No class on:** 10/10, 11/21  
**Minimum # of participants:** 5

**Ages 18+:** 4:00 - 5:00 PM

### CONNECTIONS CLUB

**Held on:** Thursdays  
**Instructor:** Els for Autism Recreation Staff  
**Fee:** \$275 (annual membership)  
**No class:** 10/12, 11/23  
**Minimum # of participants:** 5

**Ages 18+:** 4:00 - 5:00 PM

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