



WINTER/SPRING 2024

Recreation Services

SESSION 1: JANUARY 16 - MARCH 8
SESSION 2: APRIL 1 - MAY 24

We are always looking for volunteers! To learn about available opportunities, scan the code below:



Afterschool Recreation

- Session 1 of 2024 *Winter/Spring* semester begins **Tuesday, January 16** and ends **Friday, March 8**
- **Spring Break Camp** is **Monday, March 18** through **Friday, March 22** (registration flyer and additional details coming in January)
- Session 2 of 2024 *Winter/Spring* semester begins **Monday, April 1** and ends **Friday, May 24**
- During this semester, there will be no afterschool Recreation programming on the following days:
 - *Monday, February 19* (PBCSD Professional Development Day)
 - *Wednesday, April 10* (PBCSD School Holiday)

Special Event Days

- The Recreation Services Team will continue offering select **Special Event Days** on non-Rec days due to Palm Beach School District Professional Development Days or other holidays. These consist of various sports/leisure activities, such as golf, yoga, fitness, art, music, and/or other vendor programs (i.e. Mad Science, Conserve Our Wild's *Author League*, Lion Country Safari, etc.)
- Currently, we have the following Special Event Days planned for Winter/Spring 2024:
 - *Monday, February 19*
 - *Wednesday, April 10*
- Additional details about Special Event Days will come in the new year. Fees TBD depending on vendors secured and staffing needs.

Participant Progress Reports

- Individual Participant Progress Notes will continue to be shared following the end of each semester.

ON-SITE CLASSES

All on-site classes are held at The Els Center of Excellence® in Jupiter, FL.

Participants will engage in a 1:4 (staff to client) ratio. Individuals who require additional support will be asked to attend with a personal support assistant. Els for Autism® does not provide support assistants. Support Assistants attending recreation services with a client will be required to actively participate in each practice session.

For information on financial assistance, please contact Greg Connors at greg.connors@elsforautism.org.

BRIDGE THE GAP

A respite care program is available to participants who require support prior to and between their activities. Please reference the Bridge the Gap flyer for more information.

**FOR MORE INFORMATION AND TO REGISTER,
CONTACT:
sports@elsforautism.org**



WINTER/SPRING 2024

Recreation Services: Sports & Fitness

SESSION 1: JANUARY 16 - MARCH 8

SESSION 2: APRIL 1 - MAY 24

We are always looking for volunteers! To learn about available opportunities, scan the code below:



Els for Autism offers recreation programs specifically developed for children and adults with autism and other developmental disabilities. Keeping participants active, healthy, and engaged is our number one goal!

We are grateful to our generous donors and grantors who allow us to offer our selection of the **Ernie Els #GameON Autism® Sports and Reach & Teach through the Arts** programs at a reduced rate.

New participants must complete both portions of the intake process (online paperwork and in-person *Meet & Greet*) before beginning any program or activity.

Please note: Class age categories are general guidelines, and class rosters are subject to change given demand, scheduling/staffing challenges, and/or Recreation Services Manager discretion. Also, please note that rates below are for both sessions of a semester.

ERNIE ELS #GAMEON AUTISM® GOLF*

Held on: Tuesdays and Thursdays

Instructor: First Tee of Palm Beaches

Cost: \$320 (\$10/class, 32 classes)

No class: 3/12, 3/14, 3/19, 3/21, 3/26, 3/28

Minimum # of participants per class: 7

Ages 14+:
2:00 - 2:45 PM

Ages 12+:
3:00 - 3:45 PM

Ages 12+:
4:00 - 4:45 PM

**We are grateful for grant funding from the Florida Junior Golf Council & Honda Classic Cares supporting our Golf program.*

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WINTER/SPRING 2024

Recreation Services: Sports & Fitness

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ERNIE ELS #GAMEON AUTISM® TENNIS

Held on: Mondays and Fridays
Instructor: Ms. June Martin/Mr. Jason Kesselman
Cost: \$450 (\$15 per class, 30 classes)
No class: 2/19, 3/11, 3/15, 3/18, 3/22, 3/25, 3/29
Minimum # of participants per class: 4

Ages 14+:
2:00 - 2:45 PM
Ages 12+:
3:00 - 3:45 PM
Ages 12+:
4:00 - 4:45 PM

ERNIE ELS #GAMEON AUTISM® FITNESS

Held on: Mondays and Fridays
Instructor: Miss Liz Reisinger
Cost: \$450 (\$15/class, 30 classes)
No class: 2/19, 3/11, 3/15, 3/18, 3/22, 3/25, 3/29
Minimum # of participants per class: 4

Ages 14+:
3:00 - 3:45 PM
Ages 14+:
4:00 - 4:45 PM

YOGA

Held on: Tuesdays
Instructor: Mrs. Yael Lawrence, MS, BC-DMT
Cost: \$400 (\$25/class, 16 classes)
No class: 3/12, 3/19, 3/26
Minimum # of participants per class: 5

Ages 14+:
2:00 - 2:45 PM
Ages 12+:
3:00 - 3:45 PM
Ages 12+:
4:00 - 4:45 PM
(hybrid virtual/in-person class)

KICKBALL

Held on: Wednesdays
Instructor: Els for Autism Recreation Staff
Cost: \$225 (\$15/class, 15 classes)
No class: 3/13, 3/20, 3/27, 4/10
Minimum # of participants per class: 7

Ages 14+:
2:00 - 2:45 PM
Ages 6-13:
3:00 - 3:45 PM

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WINTER/SPRING 2024

Recreation Services: Reach & Teach through the Arts

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MUSIC THERAPY

Held on: TBD
Instructor: TBD
Cost: TBD
No class: TBD
Minimum # of participants per class: TBD

DANCE THERAPY

Held on: Thursdays
Instructor: Mrs. Yael Lawrence, MS, BC-DMT
Cost: \$400 (\$25/class, 16 classes)
No class: 3/14, 3/21, 3/28
Minimum # of participants per class: 5

Ages 14+:
2:00 - 2:45 PM

Ages 12+:
3:00 - 3:45 PM

Ages 12+:
4:00 - 4:45 PM

ART THERAPY

Held on: TBD
Instructor: TBD
Cost: TBD
No class: TBD
Minimum # of participants per class: TBD

ART

Held on: Wednesdays
Instructor: Mrs. Kelley Coutts
Cost: \$225 (\$15/class, 15 classes)
No class: 3/13, 3/20, 3/27, 4/10
Minimum # of participants per class: 4

Ages 14+:
4:00 - 4:45 PM

THEATRE

Held on: Wednesdays
Instructor: Mr. Nathan & Mrs. Kathleen Kenney
Cost: \$560 (\$35/class, 16 weeks)
No class: 3/20, 3/27
Minimum # of participants per class: 10

Ages 18+:
3:15 - 4:45 PM

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Recreation Services: Virtual Clubs

VIRTUAL CLASSES

All virtual classes meet using Microsoft Teams video conferencing. Individuals must have access to a computer, tablet, or cell phone with internet access to participate in virtual programs.

SPECTRUM BOOK CLUB (AMATEUR)

Held on: Tuesdays

Instructor: Els for Autism Recreation Staff

Cost: \$275 (annual membership (pro-rated))

No class: N/A

Minimum # of participants: 5

Ages 16+:

4:00 - 5:00 PM

SPECTRUM BOOK CLUB (PRO)

Held on: Wednesdays

Instructor: Els for Autism Recreation Staff

Cost: \$275 (annual membership (pro-rated))

No class on: N/A

Minimum # of participants: 5

Ages 16+:

4:30 - 5:30 PM

CONNECTIONS CLUB

Held on: Thursdays

Instructor: Els for Autism Recreation Staff

Fee: \$275 (annual membership (pro-rated))

No class: N/A

Minimum # of participants: 5

Ages 16+:

4:00 - 5:00 PM