



2025

WINTER/SPRING Recreation Services

SESSION 1: JANUARY 7 - MARCH 14
SESSION 2: APRIL 1 - MAY 30

We are always looking for volunteers! To learn about available opportunities, scan the code below:



Important Dates To Know

- **Session 1:** *Tuesday*, January 7 through *Friday*, March 14
- **Session 2:** *Tuesday*, April 1 through *Friday*, May 30
- **Extended afternoon activities:** *Monday*, June 2 through *Friday*, June 13, we will have a special 2-week offering of two sections of the following lineup of activities: Ernie Els #GameON Autism® Fitness (Mon., Fri.), Ernie Els #GameON Autism Golf (Tues., Thurs.), and Kickball (Wed.). More info, including specific times and registration details, to follow post-New Year.
- **No afterschool Recreation programming on the following days:**
 - *Monday*, January 20 (Martin Luther King, Jr. Holiday- Campus Closure)
 - *Monday*, February 24 (Special Event Day (SED)- See Below)
 - *Monday*, March 24 through *Friday*, March 28 (Spring Break Camp)
 - *Friday*, April 18 (Special Event Day (SED))
 - *Monday*, May 26 (Memorial Day Holiday- Campus Closure)

2025 Movin' & Groovin' Spring Break Camp

- **Dates:** *Monday*, March 24 through *Friday*, March 28 (Spring Break Camp)
- Registration will open upon return from the Winter Break holidays (January 2, 2025), and camp has a 1:3 (staff to participant) ratio. See Spring Break Camp registration flyer (coming soon) for more details and pricing.

Special Event Days

- We will continue offering select **Special Event Days (SEDs)** due to PBCSD PDDs or other holidays. SEDs consist of sports/leisure activities (golf, yoga, fitness, art, music), as well as in-house field trips/on-site vendors. SEDs have a 1:5 (staff to participant) ratio, and registrations are limited to 15. Clients needing more support will be required to come with a support assistant. Currently, the following dates are planned:
 - **2025:** *Monday*, February 24 and *Friday*, April 18th
- Additional details re: SEDs TBD depending on vendors/staffing secured

Participant Progress Reports

- Individual Participant Progress Reports will continue to be shared following the end of each semester

Looking Ahead...

- **2025 Movin' & Groovin' Summer Camp:** *Monday*, June 30 to *Friday*, July 25
- Registration opens March 1 and camp has a 1:3 (staff to participant) ratio

ON-SITE CLASSES

All on-site classes are held at The Els Center of Excellence® in Jupiter, FL.

Participants will engage in a 1:4 (staff to client) ratio. Individuals who require additional support will be asked to attend with a personal support assistant. Els for Autism® does not provide support assistants. Support Assistants attending services with a client will be required to actively participate in activities.

BRIDGE THE GAP

A respite care program is available to participants who require support prior to and between their activities. Please reference the Bridge the Gap flyer for more information.

**FOR MORE INFORMATION
AND TO REGISTER, CONTACT:**

sports@elsforautism.org



2025 WINTER/SPRING

Recreation Services: Sports & Fitness

SESSION 1: JANUARY 7 - MARCH 14

SESSION 2: APRIL 1 - MAY 30

We are always looking for volunteers! To learn about available opportunities, scan the code below:



Els for Autism offers recreation programs specifically developed for children and adults with autism and other developmental disabilities. Keeping participants active, healthy, and engaged is our number one goal!

We are grateful to our generous donors and grantors who allow us to offer our selection of the **Ernie Els #GameON Autism® Sports** and **Reach & Teach through the Arts** programs at a reduced rate.

New participants must complete both portions of the intake process (online paperwork and in-person *Meet & Greet*) before beginning any program or activity.

Please note: Class age categories are general guidelines, and class rosters are subject to change given demand, scheduling/staffing challenges, and/or Recreation Services Manager discretion. Also, please note that rates below are for both sessions of a semester, families may register for one session, and we have a No Refunds Policy.

ERNIE ELS #GAMEON AUTISM® GOLF*

Held on: Tuesdays and Thursdays
Instructor: First Tee of Palm Beaches
Cost: \$380 (\$10/class, 38 classes)
No class: 3/18, 3/20, 3/25, 3/27
Minimum # of participants per class: 7

Ages 14+:
2:00 - 2:45 PM

Ages 9-13:
3:00 - 3:45 PM

Ages 14+:
4:00 - 4:45 PM

**We are grateful for generous grant funding from the Florida Junior Golf Council & Children's Healthcare Charity supporting our Golf program.*

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BRIDGE THE GAP

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2025 WINTER/SPRING

Recreation Services: Sports & Fitness

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ERNIE ELS #GAMEON AUTISM® TENNIS

Held on: Mondays and Fridays
Instructor: Ms. June Martin/Mr. Jason Kesselman
Cost: \$480 (\$15 per class, 32 classes)
No class: 1/20, 2/24, 3/17, 3/21, 3/24, 3/28, 3/31, 4/18, 5/26
Minimum # of participants per class: 4

Ages 14+:
2:00 - 2:45 PM

Ages 9-13:
3:00 - 3:45 PM

Ages 14+:
4:00 - 4:45 PM

ERNIE ELS #GAMEON AUTISM® FITNESS

Held on: Mondays and Fridays
Instructor: Miss Liz Reisinger
Cost: \$480 (\$15/class, 32 classes)
No class: 1/20, 2/24, 3/17, 3/21, 3/24, 3/28, 3/31, 4/18, 5/26
Minimum # of participants per class: 5

Ages 14+:
3:00 - 3:45 PM

Ages 14+:
4:00 - 4:45 PM

YOGA

Held on: Tuesdays
Instructor: Mrs. Yael Lawrence, MS, BC-DMT
Cost: \$570 (\$30/class, 19 classes)
No class: 3/18, 3/25
Minimum # of participants per class: 5

Ages 14+:
2:00 - 2:45 PM

Ages 9-13:
3:00 - 3:45 PM

Ages 14+:
4:00 - 4:45 PM

(hybrid virtual/in-person class)

KICKBALL

Held on: Wednesdays
Instructor: Els for Autism Recreation Staff
Cost: \$285 (\$15/class, 19 classes)
No class: 3/19, 3/26
Minimum # of participants per class: 7

Ages 14+:
2:00 - 2:45 PM

Ages 6-13:
3:00 - 3:45 PM

Ages 14+:
4:00 - 4:45 PM

ON-SITE CLASSES

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Participants will engage in a 1:4 (staff to client) ratio. Individuals who require additional support will be asked to attend with a personal support assistant. Els for Autism® does not provide support assistants. Support Assistants attending services with a client will be required to actively participate in activities.

BRIDGE THE GAP

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2025 WINTER/SPRING

Recreation Services: Reach & Teach through the Arts

We are always looking for volunteers! To learn about available opportunities, scan the code below:



MUSIC THERAPY (ON HOLD)

Ages 14+:
2:00 - 2:45 PM

Held on: Tuesdays

Instructor: Creative Arts Therapies, LLC

Cost: \$570 (\$30/class, 19 classes)

No class: 3/18, 3/25

Minimum # of participants per class: 5

Ages 9-13:
3:00 - 3:45 PM

Ages 14+:
4:00 - 4:45 PM

DANCE THERAPY

Ages 14+:
2:00 - 2:45 PM

Held on: Thursdays

Instructor: Mrs. Yael Lawrence, MS, BC-DMT

Cost: \$570 (\$30/class, 19 classes)

No class: 3/20, 3/27

Minimum # of participants per class: 5

Ages 9-13:
3:00 - 3:45 PM

Ages 14+:
4:00 - 4:45 PM

ART THERAPY

Ages 14+:
2:00 - 2:45 PM

Held on: Mondays

Instructor: Creative Arts Therapies, LLC

Cost: \$420 (\$30/class, 14 classes)

No class: 1/20, 2/24, 3/17, 3/24, 3/31, 5/26

Minimum # of participants per class: 5

Ages 9-13:
3:00 - 3:45 PM

Ages 14+:
4:00 - 4:45 PM

ART

Ages 14+:
4:00 - 4:45 PM

Held on: Wednesdays

Instructor: Mrs. Kelley Coutts

Cost: \$285 (\$15/class, 19 classes)

No class: 3/19, 3/26

Minimum # of participants per class: 4

THEATRE

Ages 18+:
3:15 - 4:45 PM

Held on: Mondays

Instructor: Ms. Kathleen Kenney

Cost: \$630 (\$35/class, 18 classes)

No class: 3/17, 3/24

Minimum # of participants per class: 10

ON-SITE CLASSES

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BRIDGE THE GAP

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We are always looking for volunteers! To learn about available opportunities, scan the code below:

2025 WINTER/SPRING

Recreation Services: Virtual Clubs



All virtual clubs meet using Microsoft Teams video conferencing. Individuals must have access to a computer, tablet, or cell phone with internet access to participate. These programs are offered to participants both near and far.

SPECTRUM BOOK CLUB (AMATEUR)

Held on: Tuesdays
Instructor: Els for Autism Staff
Cost: \$300 (annual membership*)
No class: 11/25, 12/23
Minimum # of participants: 4

Ages 18+:
4:00 - 5:00 PM

SPECTRUM BOOK CLUB (PRO)

Held on: Wednesdays
Instructor: Els for Autism Staff
Cost: \$300 (annual membership*)
No class: 1/1, 11/26, 12/24, 12/31
Minimum # of participants: 4

Ages 18+:
4:00 - 5:00 PM

CONNECTIONS CLUB

Held on: Thursdays
Instructor: Els for Autism Staff
Cost: \$300 (annual membership*)
No class: 11/27, 12/25
Minimum # of participants: 4

Ages 18+:
4:00 - 5:00 PM

*Annual memberships for virtual programs allow for continuous enrollment throughout the year. Memberships will be pro-rated as needed.

For information on financial assistance, please contact Greg Connors at sports@elsforautism.org.