



# 2026 WINTER/SPRING Recreation Services

We are always looking for volunteers! To learn about available opportunities, scan the code below:



**SESSION 1: JANUARY 12- MARCH 6**  
**SESSION 2: MARCH 23 - MAY 29**  
**SESSION 3: JUNE 1 - JUNE 12**

## Important Dates To Know

- **Session 1:** *Monday, January 12 through Friday, March 6*
- **Session 2:** *Monday, March 23 through Friday, May 29*
- **Session 3 (June Extension):** *Monday, June 1 through Friday, June 12*
- **Registration** will open **Tuesday, December 9** at 6:00pm
- **No afterschool Recreation programming on the following days:**
  - *Monday, January 19 (Martin Luther King, Jr. Holiday- Campus Closure)*
  - *Monday, February 16 (Special Event Day)*
  - *Monday, March 9 through Friday, March 20 (Spring Break Camp)*
  - *Friday, April 10 (Special Event Day)*
  - *Monday, May 25 (Memorial Day Holiday- Campus Closure)*
- **Reach & Teach Through the Arts Showcase Performance:**
  - This dynamic showcase performance will highlight the hard work and talents of all Reach & Teach Through the Arts classes on *Monday, May 18<sup>th</sup>* from 5-6:30pm in the auditorium.
  - All Reach and Teach students are encouraged to participate. Additional details on this event to come!

## 2026 Movin' & Groovin' Spring Break Camp

- **Dates:** *Monday, March 16 through Friday, March 20 (Spring Break Camp)*
- **Registration** will open **Tuesday, December 9** at 6:00pm, and camp has a 1:3 (staff to participant) ratio. Clients needing more support will be required to attend with a 1:1 support assistant. See attached Spring Break Camp flyer for details and pricing.

## Special Event Days

- We will continue offering select **Special Event Days (SEDs)** due to PBCSD PDDs or other holidays. SEDs consist of sports/leisure activities (golf, yoga, fitness, art, music), and in-house field trips/on-site vendors. SEDs have a 1:5 (staff to participant) ratio, and registrations are limited to 15. Clients needing more support will be required to attend with a support assistant. Currently, the following dates are planned:
  - **2026:** *Monday, February 16 and Friday, April 10*
- Additional details re: SEDs TBD depending on vendors/staffing secured

## Participant Progress Reports

- Individual Participant Progress Reports will continue to be shared following the end of each semester

## Looking Ahead...

- **2026 Movin' & Groovin' Summer Camp:** *Monday, July 6 to Friday, July 31*
- **Registration** opens February 23 and camp has a 1:3 (staff to participant) ratio. Clients needing more support will be required to attend with a 1:1 support assistant.

## ON-SITE CLASSES

All on-site classes are held at The Els Center of Excellence® in Jupiter, FL.

Participants will engage in a 1:4 (staff to client) ratio for afternoon recreation programs. Individuals who require additional support will be asked to attend with a personal support assistant. Els for Autism® does not provide support assistants. Support Assistants attending services with a client will be required to actively participate in activities.

## REFUNDS

All registration fees are final and nonrefundable.

## BRIDGE THE GAP

BTG is a \$5/day respite care program available to participants who require support prior to and between their activities. This service runs from 2:30 - 3:45pm.

*Due to limited grant funding, BTG services will increase to \$10/day starting August 2026 to ensure the continued operation of the program.*



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We are always looking for volunteers! To learn about available opportunities, scan the code below:



SESSION 1: JANUARY 12- MARCH 6  
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SESSION 3: JUNE 1 - JUNE 12

Els for Autism offers recreation programs specifically developed for children and adults with autism and other developmental disabilities. Keeping participants active, healthy, and engaged is our number one goal!

We are grateful to our generous donors and grantors who allow us to offer our selection of the **Ernie Els #GameON Autism® Sports** and **Reach & Teach through the Arts** programs at a reduced rate.

**New participants must complete both portions of the intake process (online paperwork and in-person *Meet & Greet*) before beginning any program or activity.**

**Please note:** Class age categories are general guidelines, and class rosters are subject to change given demand, scheduling/staffing challenges, and/or Recreation Services Manager discretion. Also, please note that rates below are for both sessions of a semester, families may register for one session, and we have a No Refunds Policy.

FOR MORE INFORMATION AND TO REGISTER, CONTACT:

**[sports@elsforautism.org](mailto:sports@elsforautism.org)**

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# 2026 WINTER/SPRING

## AGES 6-13

### Recreation Services

#### Recreation & Sports



##### ERNIE ELS #GAMEON AUTISM® TENNIS

**Days:** Mondays and Fridays  
**Time:** 3:00 - 3:45pm  
**Instructor:** Ms. June Martin/Mr. Ken Schwartz  
**No class:** 1/19, 2/16, 3/9, 3/13, 3/16, 3/20, 4/10, 5/25  
**Minimum # of participants to run:** 4

**Cost**  
(\$15/class 36 classes)  
**Semester: \$540**  
Session 1: \$210  
Session 2: \$270  
Session 3: \$60



##### ERNIE ELS #GAMEON AUTISM® GOLF\*

**Days:** Tuesdays and Thursdays  
**Time:** 3:00 - 3:45pm  
**Instructor:** First Tee of Palm Beaches  
**No class:** 3/10, 3/12, 3/17, 3/19  
**Minimum # of participants to run:** 8

**Cost**  
(\$10/class 40 classes)  
**Semester: \$400**  
Session 1: \$160  
Session 2: \$200  
Session 3: \$40

\*We are grateful for generous grant funding from the Florida Junior Golf Council supporting our Golf program.



##### MINDFUL MOVEMENT

**Days:** Mondays and Fridays  
**Time:** 3:00 - 3:45pm  
**Instructor:** Ms. Amy Gruenfelder  
**No class:** 1/19, 2/16, 3/9, 3/13, 3/16, 3/20, 4/10, 5/25  
**Minimum # of participants to run:** 4

**Cost**  
(\$15/class 36 classes)  
**Semester: \$540**  
Session 1: \$210  
Session 2: \$270  
Session 3: \$60



##### KICKBALL

**Day:** Wednesdays  
**Time:** 3:00 - 3:45pm  
**Instructor:** Els for Autism Recreation Staff  
**No class:** 3/11, 3/18  
**Minimum # of participants to run:** 8

**Cost**  
(\$15/class 20 classes)  
**Semester: \$300**  
Session 1: \$120  
Session 2: \$150  
Session 3: \$30



##### YOGA

**Day:** Tuesdays  
**Time:** 3:00 - 3:45pm  
**Instructor:** Mrs. Yael Lawrence, MS, BC-DMT  
**No class:** 3/10, 3/17  
**Minimum # of participants to run:** 4

**Cost**  
(\$30/class 20 classes)  
**Semester: \$600**  
Session 1: \$240  
Session 2: \$300  
Session 3: \$60



##### BASKETBALL

**Day:** Wednesdays  
**Time:** 4:00 - 4:45pm  
**Instructor:** Els for Autism Recreation Staff  
**No class:** 3/11, 3/18  
**Minimum # of participants to run:** 4

**Cost**  
(\$15/class 20 classes)  
**Semester: \$300**  
Session 1: \$120  
Session 2: \$150  
Session 3: \$30

#### Reach & Teach Through The Arts



##### ART THERAPY

**Day:** Mondays  
**Time:** 4:00 - 4:45pm  
**Instructor:** Creative Arts Therapies, LLC  
**No class:** 1/19, 2/16, 3/9, 3/16, 5/25  
**Minimum # of participants to run:** 4

**Cost**  
(\$30/class 17 classes)  
**Semester: \$510**  
Session 1: \$180  
Session 2: \$270  
Session 3: \$60



##### MUSIC & MOVEMENT

**Day:** Tuesdays  
**Time:** 3:00 - 3:45pm  
**Instructor:** Ms. Lauren Tuma, COTA  
**No class:** 3/10, 3/17  
**Minimum # of participants to run:** 4

**Cost**  
(\$25/class 20 classes)  
**Semester: \$500**  
Session 1: \$200  
Session 2: \$250  
Session 3: \$50



##### DANCE THERAPY

**Day:** Thursdays  
**Time:** 4:00 - 4:45pm  
**Instructor:** Mrs. Yael Lawrence, MS, BC-DMT  
**No class:** 3/12, 3/19  
**Minimum # of participants to run:** 4

**Cost**  
(\$30/class 20 classes)  
**Semester: \$600**  
Session 1: \$240  
Session 2: \$300  
Session 3: \$60



##### MUSIC THERAPY (IT'S BACK!)

**Day:** Thursdays  
**Time:** 4:00 - 4:45pm  
**Instructor:** Creative Arts Therapies, LLC  
**No class:** 3/12, 3/19  
**Minimum # of participants to run:** 4

**Cost**  
(\$30/class 20 classes)  
**Semester: \$600**  
Session 1: \$240  
Session 2: \$300  
Session 3: \$60





# 2026 WINTER/SPRING

## AGES 14+

### Recreation Services

#### Recreation & Sports



##### ERNIE ELS #GAMEON AUTISM® TENNIS

**Days:** Mondays and Fridays  
**Time:** 2:00 - 2:45pm & 4:00 - 4:45pm  
**Instructor:** Ms. June Martin/Mr. Ken Schwartz  
**No class:** 1/19, 2/16, 3/9, 3/13, 3/16, 3/20, 4/10, 5/25  
**Minimum # of participants to run:** 4

**Cost**  
 (\$15/class 36 classes)  
**Semester: \$540**  
 Session 1: \$210  
 Session 2: \$270  
 Session 3: \$60



##### ERNIE ELS #GAMEON AUTISM® GOLF\*

**Days:** Tuesdays and Thursdays  
**Time:** 2:00 - 2:45pm & 4:00 - 4:45pm  
**Instructor:** First Tee of Palm Beaches  
**No class:** 3/10, 3/12, 3/17, 3/19  
**Minimum # of participants to run:** 8

**Cost**  
 (\$10/class 40 classes)  
**Semester: \$400**  
 Session 1: \$160  
 Session 2: \$200  
 Session 3: \$40

\*We are grateful for generous grant funding from the Florida Junior Golf Council supporting our Golf program.



##### ERNIE ELS #GAMEON AUTISM® FITNESS

**Days:** Mondays and Fridays  
**Time:** 2:00 - 2:45pm & 4:00 - 4:45pm  
**Instructor:** Ms. Amy Gruenfelder  
**No class:** 1/19, 2/16, 3/9, 3/13, 3/16, 3/20, 4/10, 5/25  
**Minimum # of participants to run:** 4

**Cost**  
 (\$15/class 36 classes)  
**Semester: \$540**  
 Session 1: \$210  
 Session 2: \$270  
 Session 3: \$60



##### KICKBALL

**Day:** Wednesdays  
**Time:** 2:00 - 2:45pm & 4:00 - 4:45pm  
**Instructor:** Els for Autism Recreation Staff  
**No class:** 3/11, 3/18  
**Minimum # of participants to run:** 4

**Cost**  
 (\$15/class 20 classes)  
**Semester: \$300**  
 Session 1: \$120  
 Session 2: \$150  
 Session 3: \$30



##### YOGA

**Day:** Tuesdays  
**Time:** 2:00 - 2:45pm & 4:00 - 4:45pm  
**Instructor:** Mrs. Yael Lawrence, MS, BC-DMT  
**No class:** 3/10, 3/17  
**Minimum # of participants to run:** 4

**Cost**  
 (\$30/class 20 classes)  
**Semester: \$600**  
 Session 1: \$240  
 Session 2: \$300  
 Session 3: \$60



##### BASKETBALL

**Day:** Wednesdays  
**Time:** 2:00 - 2:45pm & 3:00 - 3:45pm  
**Instructor:** Els for Autism Recreation Staff  
**No class:** 3/11, 3/18  
**Minimum # of participants to run:** 4

**Cost**  
 (\$15/class 20 classes)  
**Semester: \$300**  
 Session 1: \$120  
 Session 2: \$150  
 Session 3: \$30

#### Reach & Teach Through The Arts



##### ART THERAPY

**Day:** Mondays  
**Time:** 2:00 - 2:45pm & 3:00 - 3:45pm  
**Instructor:** Creative Arts Therapies, LLC  
**No class:** 1/19, 2/16, 3/9, 3/16, 5/25  
**Minimum # of participants to run:** 4

**Cost**  
 (\$30/class 17 classes)  
**Semester: \$510**  
 Session 1: \$180  
 Session 2: \$270  
 Session 3: \$60



##### MUSIC & MOVEMENT

**Day:** Tuesdays  
**Time:** 2:00 - 2:45pm & 4:00 - 4:45pm  
**Instructor:** Ms. Lauren Tuma, COTA  
**No class:** 3/10, 3/17  
**Minimum # of participants to run:** 4

**Cost**  
 (\$25/class 20 classes)  
**Semester: \$500**  
 Session 1: \$200  
 Session 2: \$250  
 Session 3: \$50



##### DANCE THERAPY

**Day:** Thursdays  
**Time:** 2:00 - 2:45pm & 3:00 - 3:45pm  
**Instructor:** Mrs. Yael Lawrence, MS, BC-DMT  
**No class:** 3/12, 3/19  
**Minimum # of participants to run:** 4

**Cost**  
 (\$30/class 20 classes)  
**Semester: \$600**  
 Session 1: \$240  
 Session 2: \$300  
 Session 3: \$60



##### MUSIC THERAPY (IT'S BACK!)

**Day:** Thursdays  
**Time:** 2:00 - 2:45pm & 3:00 - 3:45pm  
**Instructor:** Creative Arts Therapies, LLC  
**No class:** 3/12, 3/19  
**Minimum # of participants to run:** 4

**Cost**  
 (\$30/class 20 classes)  
**Semester: \$600**  
 Session 1: \$240  
 Session 2: \$300  
 Session 3: \$60



##### ART CLUB

**Day:** Wednesdays  
**Time:** 4:00 - 4:45pm  
**Instructor:** Mrs. Kelley Coutts  
**No class:** 3/11, 3/18  
**Minimum # of participants to run:** 4

**Cost**  
 (\$15/class 20 classes)  
**Semester: \$300**  
 Session 1: \$120  
 Session 2: \$150  
 Session 3: \$30



##### THEATER (18+)

**Day:** Mondays  
**Time:** 3:15 - 4:45pm  
**Instructor:** Ms. Kathleen Kennedy  
**No class:** 1/19, 2/16, 3/9, 3/16, 5/25  
**Minimum # of participants to run:** 10

**Cost**  
 (\$35/class 17 classes)  
**Semester: \$595**  
 Session 1: \$210  
 Session 2: \$315  
 Session 3: \$70



# 2026 WINTER/SPRING **VIRTUAL CLUBS** 18+ Recreation Services

All virtual clubs meet using Microsoft Teams video conferencing. Individuals must have access to a computer, tablet, or cell phone with internet access to participate.

These programs are offered to participants both near and far.



## **SPECTRUM BOOK CLUB (AMATEUR)**

**Held on:** Tuesdays

**Instructor:** Els for Autism Staff

**Cost:** \$300 (annual membership\*)

**No class:** 1/6

**Minimum # of participants:** 4

**Ages 18+:**

4:00 - 5:00 PM



## **SPECTRUM BOOK CLUB (PRO)**

**Held on:** Wednesdays

**Instructor:** Els for Autism Staff

**Cost:** \$300 (annual membership\*)

**No class:** 1/7

**Minimum # of participants:** 4

**Ages 18+:**

4:00 - 5:00 PM



## **CONNECTIONS CLUB**

**Held on:** Thursdays

**Instructor:** Els for Autism Staff

**Cost:** \$300 (annual membership\*)

**No class:** 1/1, 1/8

**Minimum # of participants:** 4

**Ages 18+:**

4:00 - 5:00 PM

\*Annual memberships for virtual programs allow for continuous enrollment throughout the year. Memberships will be pro-rated as needed.

For information on financial assistance, please contact Liz Reisinger at [sports@elsforautism.org](mailto:sports@elsforautism.org).