ERNIE ELS
ELS FOR AUTISM®

A collection of national, state, and local resources for individuals with autism and related developmental disabilities and their families.

First Edition - January 2026

Table of Contents

Global Resources..... 4

National & State Agencies..... 6

Diagnostic & Evaluations 9

Financial & Legal Support 11

Financial Aid *Scholarships Programs* *Guardianship* *Advocacy*

Medical Services 14

Dentistry *Neurology* *Pediatric* *Psychiatry* *Mental Health Counseling*

Early Intervention, Education & Therapies 18

Applied Behavioral Analysis *Speech - Language Pathology* *Occupational & Phyiscal Therapy* *Creative Arts* *Equestrian*

Caregiver Support & Respite 23

Transportation *Adult Housing*

Independent Living Services 26

Employment Services & Vocational Training 29

Social & Recreational Programs 31

Additional Resources 34

Guide Key

Please use the following key below to help guide you in finding the best resources to serve your family.

- Telephone Number
- Email Address
- Website
- Local National and State Resource to Florida
- This service is offered at Els for Autism
- This funding source is an approved provider or reimbursement provider of Els for Autism

PLEASE NOTE:

The providers and resources listed after national and state agencies are primarily located in Palm Beach County but provide services to individuals and families throughout South Florida.

All providers listed have agreed to be included in this guide and are committed to serving individuals and families across the region. Services may vary based on location, eligibility, and availability.

Global Resources

Els for Autism - Canada

+1 (403) 836-0692 | www.elsforautismcanada.com | info@elsforautismcanada.ca

Els for Autism - United Kingdom

+1 (561) 598-6200 | www.elsforautism.org | info@elsforautism.org

Els for Autism - South Africa

Provides families with comprehensive training on how to use best practices in education and management to help them to teach their child with ASD. Focusing on a variety of areas from daily living skills, the understanding of language, communication and academic competencies, to play, leisure, social and emotional skills.

+27 (011) 484-7254 | elsforautismsouthafrica.org | Aretha.Kausela@eleforautism.org

Canucks Autism Network

Provides year-round sports, recreation, employment, and social programs for individuals with ASD and their families. The organization also offers training and consulting to help communities, schools, and businesses create more inclusive and accessible environments for individuals with autism.

(604) 685-4049 | canucksautism.ca | info@canucksautism.ca

Lighthouse Learning & Development Centre

Provides evidence-based therapy, educational programming, and developmental services for children and individuals with autism and other developmental disabilities.

(905) 727-6666 | lhldc.com | info@lhldc.com

Strides Toronto

Provides mental health, developmental, and other services for children, youth, and families through behavior therapy and early intervention.

(416) 438-3697 | https://stridestoronto.ca/ | contactus@stridestoronto.ca

Shining Through Centre

Provides individualized education and therapy programs for children with autism using Applied Behavior Analysis (ABA), early intervention programs, school-readiness programs, parent training, and family support services.

(905) 851-7955 | https://www.shiningthrough.ca/ | inquiry@shiningthrough.ca

Holland Bloorview

Provides clinical care, therapy services, research, and family support programs for children and youth with disabilities, including autism spectrum disorder. Programs include rehabilitation services, assistive technology support, and developmental clinics.

(416) 425-6220 | https://hollandbloorview.ca/ | info@hollanbloorview.ca

National Autistic Society

| https://www.autism.org.uk/ |

The Golf Trust

Uses golf as a tool for social development, confidence building, and skill development for individuals with autism and other disabilities. Programs provide structured coaching, inclusive golf opportunities, and life-skills development through sport.

(020) 8441-7649 | https://thegolftrust.com/ | cae@thegolftrust.com

Italy Fondazione Peter Pan

Provides housing and support services for families whose children are receiving medical treatment away from home. The organization offers accommodation, emotional support services, and family-centered care programs that help families navigate complex medical journeys.

+39 (070) 523960 | https://fondazionepeterpan.eu/ | info@fondazionepeterpan.eu

National & State Agencies

Agency for Persons with Disabilities (APD)

Provides assistance in identifying and addressing the service needs of individuals with disabilities and ensuring access to a comprehensive range of supports that promote well-being and quality of life.

(555) 123-4567 | www.autismsociety.org

Autism Society of America

Offers family support groups, advocacy, and referrals to community services.

(800) 328-8476 | www.autismsociety.org

Florida Chapter: Autism Society of Florida

(407) 207-3388 | www.autismfl.org | info@autismfl.org

Autism Speaks

Provides information on early diagnosis, research, toolkits, and community support.

www.autismspeaks.org/

Florida Chapter: Autism Speaks

www.autismspeaks.org/florida-area | florida@autismspeaks.org

National Alliance of Mental Illness (NAMI)

Provides free helplines, programs, and resources for families and caregivers affected by mental illness through education, advocacy, and support.

(800) 950-6264 | www.nami.org

NAMI - Palm Beach County

(561) 588-3477 | www.namipbc.org | info@namipbc.org

The Daniel Jordan Fiddle Foundation Adult Autism Resource Guide

A comprehensive online directory offering support to autistic adults in areas such as employment, housing, health, recreation, and community living.

www.djfiddlefoundation.org

Organization for Autism Research

Provides free, evidence-based guides, resources for educators and parents, and college scholarships for students on the spectrum.

(866) 366-9710 | www.researchautism.org | info@researchautism.org

Centers for Disease Control

Provides research, data, and educational resources on autism spectrum disorder (ASD). Families can access developmental milestone checklists, early screening tools, and information on diagnosis and prevalence.

(800) 232-4636 | www.cdc.gov/ncbddd/actearly/

Project 10 - Transition Education Network

Offers tools and training for families, educators, and students to support transition planning and post-school success.

(727) 873-4370 | https://project10.info/| usfsp-project10@usf.edu

Child Find - School District of Palm Beach County

Helps families connect with early intervention programs and special education services within the school district.

(561) 434-8740 | www.fdlrs.org/child-find

Early Steps

Provides early intervention services to infants and toddlers, from birth to 36 months, with developmental delays, disabilities and at-risk conditions at no cost to families.

(800) 218-0001 | www.floridaearlysteps.com | floridaearlysteps@flhealth.gov

Treasure Coast Early Steps
(561) 881-2822

(Serves Palm Beach, Indian River, Martin, Okeechobee, St. Lucie)

Florida Alliance for Assistive Services & Technology

A statewide program that helps individuals with disabilities find, try, and obtain assistive technology to support independence at home, school, and work.

(844) 353-2278 | https://faast.org | Info@FAAST.org

Florida Atlantic University (FAU) Center for Autism and Related Disabilities (CARD)

Offers training, consultations, family events, and guidance across educational, social, and employment setting to individuals with autism and their families.

(561) 213-5751 | www.autism.fau.edu | card@fau.edu

Florida Development Disabilities Council

A state organization that works to promote independence, self-determination, and inclusion for individuals with developmental disabilities through advocacy, education, and systems change.

- (850) 488-4180 | https://fddc.org/ | fddc@fddc.org

Florida Diagnostic and Learning Resource System

A state organization that works to promote independence, self-determination, and inclusion for individuals with developmental disabilities through advocacy, education, and systems change.

- (386) 312-2265 | https://www.fdlrs.org/ | gainess@fdlrs.org

Florida Independent Living Council

Works with the Florida Division of Vocational Rehabilitation to promote independent living for people with disabilities.

- (850) 488-5624 | https://floridasilc.org/about/ | info@floridasilc.org

Vocational Rehabilitation

Helps individuals with disabilities prepare for, obtain, and maintain employment. VR provides career counseling, training, job placement assistance, and support for postsecondary education and assistive technology.

- (954) 453-0680 | https://www.rehabworks.org/

Vocational Rehabilitation - Unit 21 (Serves Palm Beach)

- (561) 624-6957 thersea.clark@vr.fldoe.org

Diagnostic & Evaluations

Autism Spectrum Assessment Clinic (ASAC)
Provides comprehensive diagnostic evaluations for children, adolescents, and adults who may have Autism Spectrum Disorder.

(305) 284-2814 | www.umasac.psy.miami.edu/

Dr. Gisell Lopez, PsyD
A licensed psychologist specializing in psychological, developmental, and neuropsychological assessments for children, adolescents, and adults.

(786) 471-6980 | www.drlopezisin.com | DrLopezIsIn@gmail.com

Jim Forgan, Ph.D.
Provides information on early diagnosis, research, toolkits, and community support.

(561) 625-4125 | www.jimforgan.com | drforgan@gmail.com

Lori Eickleberry, PhD, ABPP
Specializes in psychological assessments, behavioral health services, and therapeutic interventions for individuals with autism spectrum disorder (ASD), ADHD, anxiety, depression, and co-occurring behavioral challenges.

(954) 766-4955 | www.renovationoflife.com | Coordinator@renovationoflife.com

Luisa Hernandez Medellin, PsyD, PMH-C
Provides diagnostic assessments for children, adolescents, and adults with developmental, behavioral, and emotional concerns, including Autism Spectrum Disorder (ASD), learning difficulties, and anxiety.

(305-395-4205 https://nesca-newton.com | Luisafernanda.hdez@gmail.com

Sandra Cardona, PsyD - Heartmind Psychology
Provides diagnostic assessments for children, adolescents, and adults with developmental, behavioral, and emotional concerns, including Autism Spectrum Disorder (ASD), learning difficulties, and anxiety.

(305)-699-2681 | https://nesca-newton.com | drcardona@heartmindpsychology.net

Els for Autism Foundation - Collaborative Autism Diagnosis and Intervention Program (CADI)

The CADI Program is for individuals of all ages across the lifespan. Els for Autism transdisciplinary CADI team of specialists includes professionals in the areas of clinical psychology, special education, speech-language pathology, and applied behavior analysis.

(561) 598-6200 | www.elsforautism.org/adult-services/collaborative-autism-diagnosis-and-intervention-program-cadi/ | info@elsforautism.org

The Center for Pediatric Neuropsychology

Provides comprehensive neuropsychological and psychological assessments for children and adolescents with developmental, behavioral, emotional, and learning concerns.

(561) 688-9795 | www.neuropsych4kids.com/ | drk@neuropsych4kids.com

Sheri Pearson, PhD - Pearson Psychological Services

Provides diagnostic evaluations, treatment planning, and consultation with families and schools to support individualized learning and therapy goals.

(561) 223-7507 | www.sharipearsonpsychology.com/

Natalie Sarachaga-Barato, PsyD

Provides detailed evaluation reports and collaborates with families, schools, and other providers to develop effective, individualized support plans.

(407) 312-8280 | https://mentaltherapy.io/psychologist/natalie-sarachaga-barato-psyd-greenacres/ | Natalie.SarachagaBarato@gmail.com

Financial & Legal Support

Financial Aid & State Funded Scholarship Programs

Bella's Angels
Provides financial assistance to local children (ages birth–17) with physical disabilities and medical conditions. Funds can support therapy, equipment, and other essential needs not covered by insurance.

(561) 207-3000 | www.bellasangels.org

Family Empowerment Scholarship
The Family Empowerment Scholarship helps eligible K–12 students, including those with disabilities, access funding for private school tuition, homeschooling materials, therapies, and other educational services.

(877) 735-7837 | www.stepupforstudents.org/for-parents/special - needs/how-the-scholarship-works/

Family Elks Children's Therapy Services Scholarship
provides free in-home physical and occupational therapy to children across Florida who cannot otherwise access these services due to financial or insurance barriers.

(800) 523-1673 | https://floridaelks.org/student-scholarships

John McKay Scholarship
Provides free helplines, programs, and resources for families and caregivers affected by mental illness through education, advocacy, and support.

(800) 950-6264 | www.nami.org

VPK SIS Funding (Specialized Instructional Learning VPK Specialized Instructional Services)
Provides eligible 4-year-old children with disabilities access to specialized instructional services using their state-funded Voluntary Prekindergarten (VPK) education funds.

(305) 646-7220 | www.vpkhelp.com/vpk-specialized- instructional-services/ | info@elcmdm.org

Legal, Guardianship, Advocacy

Coalition for Independent Living Options
A private, nonprofit, client-directed civil rights organization dedicated to empowering children and adults with all types of disabilities.

(561) 966-4288 x105 | https://www.cilo.org/

Florida Development Disabilities Council
Supports advocacy, systems change, research, and public awareness, with a strong focus on self-determination, inclusion, education, employment, housing, and community living across the lifespan.

(800) 580-7801 | https://fddc.org/ | fddc@fddc.org

Florida Professional Special Education Advocates
Assist families in understanding their rights and navigating the special education process, including IEPs, 504 Plans, evaluations, and school meetings.

www.florida-advocate.com/

Helping People Succeed
Transforms lives by realizing potential, creating hope and building futures through education, counseling, training and employment.

(772) 320-0770 | www.hpsfl.org/ | info@hpsfl.org

K Altman Law
We are advocates, defenders, and champions of students' rights and civil rights.

(248) 266-9492 | www.kaltmanlaw.com/

Laurie Straus-Skantze - Labyrinth Consulting
We are advocates, defenders, and champions of students' rights and civil rights.

(917) 518-0743 | www.labyrinthconsultingpbc.com

Legal Aid Society of Palm Beach County
To provide high quality civil legal advice, representation, and education free of charge to the most vulnerable and at-risk children, families, elders, veterans and individuals in Palm Beach County.

(561) 655-8944 | https://legalaidpbc.org/

Pasch Law Group
We provide all of our clients with the personal, compassionate attention that they deserve when faced with legal matters that may seem overwhelming.

(561) 599-7400 | www.paschlaw.com/ | info@paschlaw.com

Planning Ahead Booklet

www.fddc.org/sites/default/files/PA_Book_final_3-5-12-1.pdf

Rangel Advocacy Law
Provides legal advocacy and representation for individuals with disabilities and their families, with a focus on special education law and disability rights.

(786) 357-2346 | www.rangeladvocacylaw.com/

Resources - Guardian Project
Helps special needs parents protect their children by filing for guardianship without stress and for less money.

(386-202-4041 | https://guardianproject.us/ | learn@guardianproject.us

Turning 18
Guide you through your legal options to help your adult with developmental disabilities and youth aging our of foster care prepare for the future

www.turning18.org/

Ysela Heim
Provides legal advocacy and representation for individuals with disabilities and their families, with a focus on special education law and disability rights.

(954) 249-2614 | www.yselaheim.com | yselaheim@gmail.com

Medical Services

Dentistry

Little by Little Dentistry
Provides pediatric dentistry services, with specialized training, for those with genetic and medical disorders.

- (561) 770-3000 | littlebylittlepediatricdentistry.com/ | mastermail@littlebylittlepd.com

Little Teeth Big Smiles
Provides comprehensive oral health care for infants, children, and adolescents, including those with special needs.

- (561) 433-622-9601 | www.littleteethbigsmiles.com | farabenderdmd@gmail.com

Pediatric Dentistry - Palm Beach Gardens
Specializes in dental care for children from infancy through adolescence, including individuals with special healthcare needs.

- (561) 622-9601 | pbgpediatricdentistry.com/ | drryanpediatrics@gmail.com

Neurology

Abigal E. Ley, M.D.
Board certified in pediatrics, neurology with special qualifications located in Palm Beach Gardens, Florida in child neurology and neurodevelopmental disabilities.

- (786) 624-3131 | www.nicklauschildrens.org/find-a-physician/physician-details/en/1093073645/abigail-ley-neurology

Carlos Gadia, M.D.
Board certified Pediatric Neurologist located in Weston, Florida. He specializes in pediatric neurology, epilepsy, and ASD.

- (954) 2895472 | www.fcneurology.net/business-directory/9528/carlos-gadia-md/

Pediatric Neurology at Joe DiMaggio Hospital
Trained to diagnose and help families manage the rarest diseases and most critical conditions involving the brain, spine and nervous system.

- (954) 265-2423 | www.jdch.com/services/neurology

Pediatric

Health Care District of Palm Beach County
Primary care specialties of Family Practice, General Practice, Pediatrics and Mental Health Services.

(561) 642-1000 | www.hcdpbc.org

Pediatric Partners
Providing comprehensive and complete care; coordinating your child's needs for physical, behavioral, emotional and development needs.

(561) 741-0000 | www.pediatricpartners.com

Psychiatry

Health Care District of Palm Beach County
Primary care specialties of Family Practice, General Practice, Pediatrics and Mental Health Services.

(561) 642-1000 | www.hcdpbc.org

Marshall Teitelbaum, M.D.
Specializes in ADD/ADHD, anxiety disorders, ASD, mood disorders, eating disorders, tic disorders and psychotic disorders.

(561) 630-8530 | www.doctortjupiter.com/

Raj Shekhat, M.D. - Goldcoast Psychiatry
Providing expert care and individualized medication management, psychotherapy, and consultation.

(561) 922-7052 | www.goldcoastpsychiatry.com/ | frontdesk@goldcoastpsychiatry.com

Mental Health Counseling Services

Els for Autism Foundation - Collaborative Autism Diagnosis and Intervention Program (CADI)
Services promote optimum mental, emotional, and social health and well-being of individuals with autism and their families. Counseling services are offered in person and via telehealth in 1:1 and group formats.

(561) 598-6200 | www.elsforautism.org/programs-services/therapy-services/mental-health-counseling-services/ | info@elsforautism.org

Ali Cunningham Abbott, PhD, LMHC, QS
Specializes in counseling individuals with social and behavioral challenges to develop enhanced relational skills. Her clinical passion and professional niche is working with people with ASD and their loved ones to improve these skills through an integrative treatment approach.

(561) 454-8987 | www.centerforanxietydisorders.com | alicunninghamlmhc@gmail.com

Berger Counseling Services
Provides innovative, transformative therapy in a unique setting through experiential therapies; art, sandtray, play, equine therapies.

(561) 866-3056 | bergercounselingservices.com/ | Marla@BergerCounselingServices.com

Boys Town
Offers life-changing services with the following services; behavioral health clinic, n-home family services, parent programs, school readiness, and care coordination.

(561) 612-6000 | www.boystown.org | helpkids@hope.boystown.org

Cheryl Checkers, M.S., LMHC-QS, NCC, ASDCS
Licensed Mental Health Counselor, National Board-Certified Counselor, and Certified Autism Spectrum Disorder Clinical Specialist who specializes in working with teens and adults on the autism spectrum and their loved ones.

(561) 814-6244 | www.cherylcheckers.com | info@cherylcheckers.com

Community Partners of South Florida
Our mission is to partner with communities to change the odds for children and families facing social, emotional, and financial adversity.

(561) 841-3500 | www.cpsfl.org/positive-parenting | communications@cpsfl.org

Kimberly Rivieccio, Ed. D, LMHC
A client-centered approach offering various services; cognitive-behavior, play therapy, behavior therapy, ecotherapy, brief solution-focused therapy, group therapy, parent educations and support, and consultation services.

(561) 220-6356 | www.connectwithkim.org/ | kim@connectwithkim.org

Jennifer Smyth, LMHC
Passionate about helping individuals, couples, and families overcome challenges and achieve greater emotional well-being. Extensive expertise in a wide range of areas including ASD, trauma, anxiety, depression, family relationships.

(561) 850-1088 | jennifersmythcounseling.com | jsmythlmhc@gmail.com

Steohanie Barroso, LCSW, BCBA - Social Therapy for Me, Inc.
Provides mental health and behavioral therapy services through her private practice in Wellington, FL.

- (561) 856-6928 | stephaniebarroso@socialtherapyforme.com

Tykes and Teens
Provider of compassionate and exceptional behavioral health care through prevention and treatment services for children from infancy through young adulthood.

- (772) 220-3439 | tykesandteens.org | GetHelp@tykesandteen.com

Linda Sachs, LCSW
Provides a compassionate, supportive therapeutic environment aimed at helping clients work through personal challenges without judgment. She emphasizes the power of the therapeutic relationship to foster self-acceptance and meaningful change.

- (954) 394-1182 | selfcompassion4u@gmail.com

Early Interventions & Therapies

Applied Behavioral Analysis (ABA) Services

Els for Autism Foundation® - Therapy Services
The Els for Autism Clinical Team offers therapeutic services across the lifespan for individuals with ASD and other developmental disabilities and their families.
(561) 598-6200 | www.elsforautism.org/adultservices/therapy-services/ | info@elsforautism.org

Applied Behavioral Analysis Foundations
Provides in-home, clinic-based, and school-based services using are individualized and evidence-based, focusing on communication, social skills, behavior reduction, and daily living skills.
(772) 266-8727 | https://www.abafoundations.com/ | info@abafoundations.com

Cultivate Behavioral Health & Education
Services focus on communication, social development, behavior support, and academic readiness through individualized, evidence-based programs.
(855) 444-5664 | https://cultivatebhe.com/ | hello@cultivatebhe.com

Developmental Intervention Specialists
Services are individualized and may be offered in-home, in school, or in community settings, with a strong emphasis on early intervention, functional skill development, and family collaboration.
(561) 235-5497 | www.abapros.com/ | info@abapros.com

Monarch Behavior
Services for children focus on building communication, social interaction, daily living skills, and reducing challenging behaviors through individualized, evidence-based treatment plans.
(561) 408-3115 | www.monarchbehavior.com | info@monarchbehavior.com

Positive Behavior Supports Corporation
Provides children and adults with ASD and other developmental disabilities. Services are individualized, evidence-based, and focus on improving quality of life through positive behavior support strategies.
(855) 832-6727 x1008 | https://www.teampbs.com/ | dfrisina@teampbs.com

Project Brillance
Their programs focus on providing young children with school readiness, communication, social skills, and behavioral development using evidence-based, individualized treatment plans.
(561) 508-6122 | www.projectbrilliance.com/ | hellogardens@projectbrilliance.com

Up, Up, and Away
A boutique behavioral consulting agency that provides center based, school, and in-home ABA services to young children diagnosed with autism spectrum disorder and related disabilities.
(561) 758-4540 | upupandawaytherapy.com/ | info@upupandawaytherapy.com

Speech-Language Pathology Services

Els for Autism Foundation® - Therapy Services
The Els for Autism Clinical Team offers therapeutic services across the lifespan for individuals with ASD and other developmental disabilities and their families.
(561) 598-6200 | www.elsforautism.org/adultservices/therapy-services/ | info@elsforautism.org

Alexandra Stewart - Speech Waves Therapy
Serve populations who present with sensory feeding aversions, picky eating, delayed language, oral motor differences, orofacial myofunctional disorders and more.
(561) 203-5896 | https://speechwaves.co/ | alexandra@speechwaves.co

Children's Therapies, Inc.
Services are provided for children birth to 18 years of age who demonstrate delayed gross motor, fine motor, or speech development.
(561) 748-5430 | https://childrenstherapies.org/ | cti.ninah@gmail.com

Communication Disorders Clinic at FAU
Provides diagnostic and therapeutic services for Communication Disorders, to benefit the surrounding community.

(561) 297-6074 | www.fau.edu/education/academicdepartments/csd/clinic/

Nicklaus Children's Hospital Outpatient Center
Offers pediatric services for children with ASD and other developmental, neurological, and medical conditions for speech therapy.

1 (800) 432-6837 | www.nicklauschildrens.org/treatments/speech-therapy

Palm Beach Speech and Occupational Therapy
Deliver evidence-based assessment and intervention practices for individuals with difficulties in speech, language, communication, sensory processing, and motor coordination.

(561) 842-8996 | www.palmbeachsos.com | admin@palmbeachsos.com

Premier Pediatric Therapy
Specializes in the diagnosis and treatment of a variety of speech, language, feeding, motor and sensory processing disorders.

(561) 748-0918 | www.premierpedtherapy.com/

Occupational & Physical Therapy Services

Children's Therapies, Inc.
Services are provided for children birth to 18 years of age who demonstrate delayed gross motor, fine motor, or speech development.

(561) 748-5430 | https://childrenstherapies.org/ | cti.ninah@gmail.com

Heather Engel - Heather the OT, LLC
Seamlessly integrate interventions into your child and family's daily routines within the home, school, and community settings.

(561) 203-5581 | www.heathertheot.com | info@heathertheot.com

Jessica P. Brees, M.S., OTR/L
Services focus on improving fine motor skills, sensory processing, self-regulation, daily living skills, and school readiness, using individualized, child-centered treatment approaches.

(561) 722-2689 | jessicabreesot@gmail.com

Kelly Childress, OTD, OTR/L - Seawinds Pediatric Therapy
Providing pediatric occupational therapy services for children with ASD and other developmental, sensory, and motor challenges.

(561) 797-1893 | seawindspediatrictherapy.client secure.me/ | seawindstherapy@gmail.com

Marisa Geary, OTR/L, CAS- Sensory Station Therapy
Seamlessly integrate interventions into your child and family's daily routines within the home, school, and community settings.

(561) 429-6018 | www.sensorystationtherapy.com/ | marisa@SensoryStationTherapy.com

Nicklaus Children's Hospital Outpatient Center
Offers pediatric services for children with ASD and other developmental, neurological, and medical conditions for speech therapy.

1 (800) 432-6837 | www.nicklauschildrens.org/treatments/speech-therapy

Palm Beach Speech and Occupational Therapy
Deliver evidence-based assessment and intervention practices for individuals with difficulties in speech, language, communication, sensory processing, and motor coordination.

(561) 842-8996 | www.palmbeachsos.com | admin@palmbeachsos.com

Premier Pediatric Therapy
Specializes in the diagnosis and treatment of a variety of speech, language, feeding, motor and sensory processing disorders.

(561) 748-0918 | www.premierpedtherapy.com/

Creative Arts Therapies

Els for Autism Foundation - Recreation Services®
Offer experiences to foster feelings of achievement and enjoyment, and promote inclusion, self-confidence, and an enhanced quality of life. Our recreation programs include a variety of sports and the arts on our campus.

(561) 598-6200 | https://www.elsforautism.org/programs-services/recreation-services/ | info@elsforautism.org

Creative Arts Therapies of the Palm Beaches®
Specializing in developing and implementing music and art therapy programs for educational, medical and community settings.

(561) 747-9944 | https://catpb.com/

Whole Vibes, LLC/Interability Inc. - *Erica Lyles*
To foster creativity, confidence, and community through inclusive performing arts opportunities for individuals with special needs and disabilities.

(561) 501-6200 | www.interability.org | erica@mywholevibes.com/info@interablity.org

Yael Luski Lawerence MS, BC-DMT -Move. Grow. Inspire. with Yael
Services focus on self-regulation, emotional expression, body awareness, social connection, and motor development through structured and creative movement experiences.

(646) 373-7572 | yhlawrence@gmail.com

Equestrian Therapy

Braveheart Farm
Their services focus on improving physical, emotional, cognitive, and social skills through structured interactions with horses. Programs include horsemanship, unmounted equine activities, leadership development, and therapeutic experiences that promote confidence, emotional regulation, communication, and overall well-being.

(561) 905-9691 | https://www.braveheartfarm.net/

Harmony Hope Stables
Provides equine-assisted services for individuals with autism and other developmental or physical disabilities. Their programs focus on therapeutic horseback riding, ground-based horsemanship, and life-skills development.

(772) 218-0045 | https://hhstables.org/ | info@hhstables.org

Vinceremos Loxahatchee
To foster creativity, confidence, and community through inclusive performing arts opportunities for individuals with special needs and disabilities.

(561) 792-9900 | www.vinceremos.org | info@vinceremos.org

Transportation

Palm Tran (Public Bus Service)

Provides 30+ fixed route services throughout Palm Beach County, for everyone to have opportunity; safely, efficiently and courteously.

(561) 841-4287 | www.palmtran.org

Palm Tran Connection

A shared ride, door-to-door Paratransit service that provides transportation to eligible residents with disabilities as well as ADA-eligible visitors.

(561) 649-9838 | www.palmtran.org

The Love We Give, LLC

Provides non-medical in-home support services focused on compassion, dignity, and independence. Services include companionship, assistance with activities of daily living (ADLs), meal preparation, light housekeeping, transportation, and caregiver support.

(561) 932-6634 | www.wegivethelove@gmail.com

Tri-Rail

Serving between Palm Beach, Broward and Miami-Dade counties. Services include ticket vending machines, customer assistance kiosk, free commuter parking, and connections to local transit (Palm Tran buses, downtown trolley, on-demand rides) for access to downtown West Palm Beach and nearby destinations.

(954) 942-7245 | www.tri-rail.com/

UZURV

Provides Paratransit Connection trips during times when other Connection vehicles are unavailable, when service demand is high, and/or for passengers who specifically request UZURV as their preferred Palm Tran Connection service provider.

(561) 649-9838 | uzurv.com/rider-hub-palm-beach-county/

Adult Housing Resources

Alpert Jewish Family Services
Offers housing-related support and residential programs for adults with disabilities and those needing supportive living arrangements. Through its Levine Jewish Residential & Family Service (JRFS) affiliate, Alpert JFS provides a continuum of housing options

(561) 684-1991 | www.alpertjfs.org/

Autism Housing Network
Provide a central hub of neuro-inclusive housing listings, developer tools, and resources in order to find and build more inclusive communities.

www.autismhousingnetwork.org/

Autism Project of Palm Beach
Provide community residential homes to enhance the comfort and independence of adults diagnosed with ASD.

(561) 748-3299 | autismprojectofpalmbeachcounty.org/ | contact@appbc.org

Autism Speaks - Housing and Community Living
Provide tools and resources to help guide you through the process of securing housing and caregiving supports.

www.autismspeaks.org/housing-and-community-living

Family First Adolescent Services
Offers a behavioral health treatment center for boys aged 12-18, creating a in-class care and safe, loving environment helping teens explore themselves and find a better way forward.

(888) 904-4431 | familyfirstas.com/

Springbrook Behavioral Health
Provide the highest quality care and exceptional services in the eyes of our patients, customers and employees. To achieve this, the Springbrook Autism Program provides structured, effective support for children with autism and their families.

(864) 834-8013 | springbrookbehavioral.com/ | monalisa.mitchell-gray@springbrookbhs.com

The Arc of Palm Beach

Consists of seven group homes located throughout Palm Beach County which are professionally staffed 24 hours a day. We help adults 18 years or older learn to live on their own by acquiring new skills that enhance their quality of life, while assisting them in achieving their highest level of independence.

(561) 842-3213 | https://arcpbc.org/

The Foundation for Independent Living (FIL, Inc.)

Provide a unique and rewarding opportunity for residents to achieve their highest levels of independence.

(954) 968-6472 | https://filinc.org/ | info@filinc.org

United Community Options of Broward, Palm Beach & Mid-Coast Counties, Affiliated with United Cerebral Palsy

Provide residential services for both children and adults with unique disabilities in Miami - Dade, Broward, and Palm Beach Counties. Offer a family-like environment with care provided 24/7 by trained and loving staff.

(844) 827-5023 | www.unitedcommunityoptionssfl.org | julieubilla@uco-ucps

Autism Speaks, Caregiver Skills Training Program

Provides free, evidence-based training for parents and caregivers of children with autism and other developmental disabilities. The program teaches practical skills that can be used during everyday play and home routines to support communication, engagement, positive behavior, and daily living skills. The virtual eCST program is available through a self-paced online platform.

1-888-AUTISM-2 | https://www.autismspeaks.org/caregiver-skills-training-program
CST@autismspeaks.org

Independent Living Services

Els for Autism Foundation - Adult Services
Designed to support adults with ASD and other developmental disabilities, ages 18 and older, in achieving independence and living meaningful, fulfilling lives. Our programs provide evidence-based learning experiences on our campus and within the community, focusing on developing and practicing essential skills such as socialization, recreation, and safety.

(561) 598-6200 | www.elsforautism.org/adultservices/ | info@elsforautism.org

Alpert Jewish Family Services
Offer a warm and welcoming space where people with disabilities, inclusive of developmental disabilities and mental illness, can connect with others, and engage in meaningful activities.

(561) 684-1991 | www.alpertjfs.org/

C Individuals Transition to Work (CITTW)
Offer a range of services for individuals with disabilities including vocational and life skills training, therapeutic activities, pet therapy, health & fitness, optional job coaching, and more.

(561) 603-0431 | https://cittw.org/about/ | cedney@cittw.org

Extraordinary Charities Recipes For Success
Offers....

Phone | Website | Email

HAB Center Boca Raton
Equips people with the knowledge, skills, and behaviors needed to lead useful and productive lives with dignity, respect and independence.

(561) 483-4200 | https://habcenter.org/ | info@bocachamber.com

It Takes a Village Adult Day Care
Providing supervised daytime care, social activities, and supportive services for older adults and individuals who need assistance during the day.

(561) -603-0431

Jewish Association for Residential Care (JARC) - Florida
To provide programs and services to educate and empower adults with Intellectual and Developmental Disabilities including autism.

(561) 558-2550 | https://jarcfl.org/ | info@jarcfl.org

Liberty Movement Adult Day Training Services
Provider that is committed to empowering adults with disabilities and special needs to lead independent, fulfilling lives. Located in Lake Worth, we offer top-notch medical services and person-centered planning tailored to each individual's needs.

(561) 970-2533 | https://libertymovementadt.com/

New Day Adult Care Center
Our unique program offers seniors a safe, supervised, home-like environment with wellness activities, intergenerational programming, personal care, excellent nutrition, and medical supervision.

(561) 844-0012 | faithlutheran-npb.com/new-day-adult-care/ | church@faithnpb.com

Palm Beach Autism Club
Providing community based learning experiences for adults with Autism Spectrum Disorder ages 21 and older.

(561) 377-2099 | palmbeachautismclub.com/ | palmbeachautismclub@gmail.com

Passionate Care
Provides a community-based services of safe, caring and productive environment for members in need of daily support. With the primary goal to promote independence and personal growth.

(561) 421-2494 | https://passionatecareservice.net/adult-day-training/

Spark2Ignite, A Learning Center for individuals with Intellectual & Developmental Disabilities
Offers a comprehensive program to support adults over 18 with mild to moderate cognitive developmental disabilities.

(561) 247-4076 | https://spark2ignite.com/ | Alexandra@spark2ignite.com

Arc of Martin County
We provide vital services across the Treasure Coast, fostering independence, inclusion, and potential for all.

(772) 283-2525 | https://arcofstlucie.org/ | cdsextonwills@arcofstlucie.org

Arc of Palm Beach County

Community-based setting that focuses on social-emotional development, financial management, health, nutrition and other daily living skills necessary for successful inclusion in the community.

(772) 283-2525 | https://arcpbc.org/

Arc of South Florida

Provide a meaningful day for men and women with intellectual and developmental disabilities. These programs are strategically located throughout Miami-Dade County.

(305) 759-8500

The Chocolate Spectrum

Focus of the training includes both the sweet culinary skills and job related skills. Emphasis is placed on developing business communication skills, on-the-job collaboration, organization, personal and professional hygiene and stress management.

(561) 277-9886 | https://thechocolatespectrum.com/ | valerie@thechocolatespectrum.com

iCare Program

Designed for adults (18+) with intellectual and developmental disabilities. The program is comprised of four main components: Adult Day Program (Mon-Wed), Monthly Social Events, Travel Club, and WAVE (Work and Volunteer Experiences).

(561) 778-2223 | https://icareprogram.org/ | info@icareprogram.org

Florida Hats

The program connects individuals, families, and professionals with resources related to employment, education, independent living, and community involvement.

https://www.floridahats.org/

Employment Services & Vocational Training

Els for Autism Foundation - Employment Programs

The employment team helps adults secure employment within the community while helping employers fill needed positions through Work Experience Programs, Career Exploration and Training, Vocational Rehabilitation Vendor Services, and Agency for Persons with Disabilities Vocational Training & Employment Services.

(561) 598-6200 | https://www.elsforautism.org/programs-services/adult-services/employment-programs/ | info@elsforautism.org

U Can Employ - Powered by Els for Autism

Serves as a guide for businesses, large and small, to become autism inclusive employers. UCE services are designed to adapt to each member's needs and offers expert guidance, professional training videos, and on-site coaching.

https://employu.org/ | ucanemploy@elsforautism.org

Autism Society - Employment

Believes in empowering Autistic individuals by championing integrated employment opportunities that focus not just on providing a job, but a fulfilling experience as part of the larger workforce.

(800) 328-8476 | www.autismsociety.org/employment/

Florida Chapter: Autism Society of Florida

(407) 207-3388 | www.autismfl.org | info@autismfl.org

EmployU

A support system that is committed to delivering tailored experiences and assisting clients in navigating a complex process.

(407) 598-0202 | https://employu.org/ | info@icareprogram.org

Employment Support - Organization for Autism Research

Expand opportunities for autistic individuals and serve as a continuing resource for them in their workplaces.

(866) 366-9710 | Employment Support | Organization for Autism Research (researchautism.org) | info@researchautism.org

Vocational Rehabilitation

Helps individuals with disabilities prepare for, obtain, and maintain employment. VR provides career counseling, training, job placement assistance, and support for postsecondary education and assistive technology.

(954) 453-0680 | https://www.rehabworks.org/ | Ombudsman@vr.fldoe.org

Vocational Rehabilitation - Unit 21 (Serves Palm Beach)

(561) 624-6957 thersea.clark@vr.fldoe.org

Independence Works

Provide Vocational Rehabilitation services to the people of Florida. It was founded on the principle that all people desire to work independently in their communities.

(877) 819-9519 | https://independenceworks.org/

Job Accommodation Network (JAN)

The leading source of free, expert, and confidential guidance on workplace accommodations.

(800) 526-7234 | https://askjan.org/ | JAN@AskJAN.org

Office of Disability Employment Policy (ODEP)

The only non-regulatory federal agency that promotes policies and coordinates with employers and all levels of government to increase workplace success for people with disabilities.

(866) 633-7365 | www.dol.gov/agencies/odep | odepemail@dol.gov

The de Moya Foundation - Special Needs Partnerships

Committed to creating employment opportunities for young adults with unique abilities by building long term partnerships with the employers and providing support for the employees.

(305) 667-9112 | https://demoyafoundation.com/ | info@demoyafoundation.com

Gulfstream Goodwill

Provides students with disabilities hands-on vocational training, life skills, job placement support to prepare them for meaningful careers.

(561) 848-7200 | https://www.goggi.org/

Social & Recreational Programs

Social Skills Groups

Els for Autism Foundation® - Social & Recreation Services
Offer experiences to foster feelings of achievement and enjoyment, and promote inclusion, self-confidence, and an enhanced quality of life. Our recreation programs include a variety of sports and the arts on our campus.

(561) 598-6200 | https://www.elsforautism.org/programs-services/recreation-services/ | info@elsforautism.org

Behavior Shapes
Focused on compassionate care and behavioral artistry, crafting individualized programs designed to teach essential skills and simplify life through parent coaching.

(561) 666-2807 | www.behaviorshapes.com/ | sara@behaviorshapes.com

Continuum Behavioral Health
To collaborate towards discovering the best way to ensure each individual's right to meaningful participation within their community, and most of all, to assist every learner in reaching their highest potential.

(877) 504-4141 | www.autismspectrumallian| contact@autismspectrumalliance.com
ce.com/

Helping People Succeed
Transforms lives by realizing potential, creating hope and building futures through education, counseling, training and employment.

(772) 320-0770 | www.hpsfl.org/ | info@hpsfl.org

Lisa Johnston M. Ed. - Mind-builders
Focuses on strength-based learning, incorporating creative, cognitive, and skill-building approaches tailored to each individual's needs.

(561) 704-0980 | Mind-builders@hotmail.com

Recreation Programs/Camps

Aceing Autism

For children with autism to grow, develop and benefit from social connections and fitness through affordable tennis programming, uniquely serving individual needs while filling a national void for this growing and worthy population.

(310) 401-0544 | aceingautism.org | info@aceingautism.org

Autism Fit Virtual Fitness Program

For children with autism to grow, develop and benefit from social connections and fitness through affordable tennis programming, uniquely serving individual needs while filling a national void for this growing and worthy population.

www.autismspeaks.org/autism-fit | florida@autismspeaks.org

CHAMP

Offer FREE recreational/educational activities help improve social and communications skills. They also offer job training and job placement within the community.

(561) 308-3305 | www.myychamp.com | brettc@myYchamp.com

Cheerabilities and Danceabilities

Designed to help athletes with disabilities develop fine and gross motor skills while experiencing the excitement of cheerleading and dance.

https://jaguarathleticscheer.com/exceptional-athletes/

Cox Science Center and Aquarium

The center offers a variety of interactive and visual experiences that may be engaging for individuals with ASD. Families may benefit from visiting during less busy hours for a quieter experience.

(561) 832-1988 | www.coxsciencecenter.org | programs@coxsciencecenter.org

Endless Sports

To provide a fun and safe environment for members of the special needs community to experience the joy of athletic activity.

(919) 228-8494 | https://endlesssports.org/ | info@endlesssports.org

Handbell Choir

Is to build self-esteem, independence and social skills and to share unique musical abilities with the community.

(561) 714-4345 | www.exceptionalensembell.org | ExceptionalEnsembell@gmail.com

Loggerhead Marine Center

The center features a working sea turtle hospital, interactive exhibits, aquariums, and educational programs designed to teach visitors about marine life and environmental conservation.

(561) 627-8280 | marinelife.org

Mandel JCC

Offers programs that bring families together through cultural events, fitness classes, aquatics, youth activities, and more.

(561) 712-5200 | www.jcconline.com/ | *See contact page on website*

Special Olympics

A global sports movement of people creating a new world of inclusion and community, where every single person is accepted and welcomed, regardless of ability or disability.

www.specialolympics.org | rmcquiston@specialolympics.org

We Rock the Spectrum Kids Gym

Offer a play space where children can continue to work on developing their play skills and sensory regulation in a safe and nurturing environment.

(561) 218-0128 | www.werockthespectrumbocaraton.com

Additional Resources

Els for Autism Foundation® - Learning Management System
Our comprehensive webinar library provides valuable resources for parents, educators, professionals, and anyone interested in learning more about autism.

https://learn.elsforautism.org/

AFIRM (Autism Focused Intervention Resources & Modules)
Provide up-to-date EBP modules and resources based on the 2020 NCAEP EBP Report, as well as modules and resources designed specifically for paraeducators, early interventionists, and caregivers who served children and youth on the spectrum.

https://afirm.fpg.unc.edu/

Autism Internet Modules
Designed for those who support, instruct, work with, or live with someone with autism, the Autism Internet Modules (AIM) guide users through case studies, instructional videos, pre- and post-assessments, discussion questions, activities, and more.

https://autisminternetmodules.org/ | support@ocali.org

Autism Navigator
Created by faculty and staff in the Autism Institute at the Florida State University (FSU) College of Medicine bringing decades of experience supporting families through the diagnostic and intervention process, using evidence-based, proven practices, and offers guidance you can trust.

(844) 427-3457 | www.autismnavigator.com/family-resources/ | support@autismnavigator.com

Autism Research Institute
Pioneer in research, outreach, and cooperative efforts with other organizations worldwide. Advocates for the rights of autistic people and operates without funding from special-interest groups.

(833) 281-7165 | https://www.autism.org/ | info@autism.org

Autism Speaks
Creating an inclusive world for all individuals with autism throughout their lifespan.

(786) 235-1165 | https://www.autismspeaks.org/

Autistic Self Advocacy Network
Empower autistic people across the world to take control of our own lives and the future of our common community and seek to organize the autistic community to ensure our voices are heard in the national conversation about us.

https://autisticadvocacy.org/ | info@autisticadvocacy.org

Barber's Edge - Downtown Abacoa
Community-based barbershop in Abacoa offering haircuts and grooming services for children and adults. The barbers are known for being patient, supportive, and experienced in working with children and individuals with special needs.

(561) 530-3819

First Words Project
A longitudinal research investigation in the Florida State University Autism Institute in the College of Medicine directed by Dr. Amy Wetherby. their main goal is to identify early signs of developmental language disorders, ASD, and other communication delays in children from 9 to 24 months of age.

(866) 526-8919 | http://firstwordsproject.com/ | support@firstwords.project.com

Organization for Autism Research
The mission of "applying" research to answer questions of daily concern to autistic people and those around them defines our goals and program objectives and shapes our budget.

(866) 366-9710 | https://researchautism.org | info@researchautism.org

Positive Parenting
Effective evidence-based parenting programs in the world, backed up by more than 30 years of ongoing research. Triple P gives parents simple and practical strategies to help them build strong, healthy relationships so they can confidently manage their children's behavior and prevent problems from developing.

(561) 841-3500 | www.cpsfl.org/positive-parenting | communications@cpsfl.org

Project Lifesaver

Community-based, public-safety nonprofit organization that provides law enforcement, fire/rescue, search-and-rescue (SAR) teams, caregivers and others with a program designed to protect and, when necessary, quickly locate individuals with cognitive disorders who are prone to the life-threatening behavior of wandering.

(772) 871-5303 | projectlifesaver.org | ProjectLifesaver@stluciesherrif.com

Talk with Me Baby

Effective evidence-based parenting programs in the world, backed up by more than 30 years of ongoing research. Triple P gives parents simple and practical strategies to help them build strong, healthy relationships so they can confidently manage their children's behavior and prevent problems from developing.

(301) 347-0400 | Talk With Me Baby – Empowering Parents to Support Babies' Brain Development Through Rich Language - NACHC

The National Professional Development Center on Autism Spectrum Disorder

Understanding developmental trajectories and the impact of a developmental disability on the individual, family, and broader community informs both theory and practice.

https://fpg.unc.edu/areas-of-work/autism-developmental-disabilities